



Memorial Day Dinner / May 31 / 5-7 PM / Pentecostal Church

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Muckleshoot MONTHLY



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PHOTO BY JOHN LOFTUS

HUD officials tour new homes funded under the stimulus grant program with MIT Housing Committee members and staff. L-R: Madrienne Salgado, Tom Carney (HUD), Sandy Hedrick, Ken Calvert, Warren King George, Cynthia Moore (HUD) and MIT Housing Executive Director Ama Tuato'o.

FEDERAL STIMULUS FUNDS BUILD TWO NEW HOMES

MUCKLESHOOT – It wasn't so long ago that the entire world economy was tottering on the brink of collapse, and many countries – including the United States – were trying every angle they could think of to generate economic activity to kick-start the global financial system.

In the US, the efforts took the shape of a multi-billion dollar stimulus package designed to fund local projects – particularly construction – throughout the country.

The Muckleshoot Housing Authority got a piece of it – \$400,000 – and had the perfect project in mind. There were two vacant lots at the end of a cul de sac on the Davis Property that would be perfect for elder/handicap housing.

Just a few short months later, two beautiful new homes were completed and ready for occupancy.

"This opportunity came at a really good time to help us complete the Davis Site," MHA Chairman Warren King George says. "We had a couple of lots that were site-ready and all we needed was the funding."

MIT's project is one of the first that's been completed under the stimulus program, according to Tom Carney, Director of Grants Management for the HUD Regional Office. Carney and staff member Cynthia Moore made a trip down from Seattle to see if for themselves and were treated to a tour by MHA board members and MHA Executive Director Ama Tuato'o.

The HUD representatives took note of the high quality standards that the MHA builds into every new home and also the overall quality of the Davis neighborhood.

"HUD is always happy to be a small part of a bigger project," Carney said. "It's just very impressive to see the results that the tribe has had in placing a priority on housing within their community."

King George agreed. "The houses are beautiful, top of the line," he says, "– just what we want to provide to our membership, to our people of our village here."

MUCKLESHOOT BINGO CELEBRATES QUARTER-CENTURY

Story and photo by Laci McMaster

MUCKLESHOOT – The Muckleshoot Indian Tribe opened the doors to its first gaming facility in 1985 and never looked back. This June, Muckleshoot Bingo celebrates 25 years of operations.

While this accomplishment is one that is shared by the tribe, it is especially meaningful to six employees who have served at the bingo hall for all 25 years. Bev Moses, Christine Johnson, Wanita Courville, Rhea Allen, Dorothy Williams and Candie Bargala have worked at the Bingo Hall since it first opened.

"We worked 24 hours that first day," Moses remembers.

"I started in the money room," Courville added. She also worked in admissions, and served 18 years as a floor clerk before taking her current position as the Players Club Manager. When asked why she has stayed at bingo for 25 years, she quickly states, "I love it here."

"I was only 17 when I started. I was hired as a pull tab clerk. It was my first job," says Rhea Allen. "I stayed with pull tabs for years. It was a lot of fun for me."

Before the days of the bingo hall, job opportunities for tribal members were scarce.

"It was like the little smoke shop, the school and the ad building, and those were the only places



25 YEARS! L-R: Dorothy Williams, Christine Johnson, Candie Bargala, Rhea Allen, Wanita Courville. (Not pictured: Bev Moses)

you could get hired," says Wanita Courville. "So when they had the bingo hall, everybody was excited because we knew we would all get jobs. And we were all so happy."

Employing tribal members is important to the bingo hall. Currently, 19% of the employees at bingo are Muckleshoot, and another

18% are Native.

"Every tribal member that has been at bingo since it opened has had the opportunity to move into management," Courville says. "Not everyone wants to move into management – especially if you make tips – but you can if you want."

The history and success of bingo

is also important to its customers.

"When we opened up, the lines were long – out the door and around," said Dorothy Williams.

Customers turned into regulars, and regulars became friends.

"They're like family. You know everything about them: You know every illness, every marriage, every-

continued on page 2

ALEX BROADY: My Life So Far...

My name is Alex Broady. I'm interning here at the Muckleshoot Behavioral Health. I was raised up in Seattle with my mother and father, John and Vivian Broady. My mother's maiden name is Starr. Agatha is my grandmother.

We were raised in Seattle, and after just being out there in the city, never living here on the reservation, it was something really different for me to come up here. I used to come here when I was younger. I chopped wood for my grandmother and I'd visit with them. My mom and dad used to bring me up here. And my auntie and uncle, Margie Williams and Norman Williams, they used to come and get us and bring us here, too.

But I guess it started when I was real young. I strayed off the path of what I was supposed to be doing, which was just going to school, minding my parents. It was something that I, myself, couldn't do at a young age. I took to the streets.

Even though I had a mother and a father growing up – and I was pretty much the only guy around my community that had a mother and a father growing up – and even though I saw that other kids didn't have a dad, I still couldn't do what I was supposed to do.

And I steered off the path. I got caught up in the drinking and the drugs. I am now in recovery, which is why I'm here working at the Behavioral Health. I went to treatment in Seattle voluntarily. I was just fed up with living my life and not having nothing. I would say that actually I didn't have a life until I got into recovery. I was just here.

One of my sons, nine years old, said to me in September of '05, "Dad, why do you always have to go and buy beer?" And I looked at him and told him, "I'm grown," you know, and went on and bought my beer, basically just told him to, "Shut up. I'm grown." And I got that beer, and of course I drank that beer, but that was the last beer that I drank.

And I was just thinking after all the stuff that I've done, and steered off the path, I've done a lot of wrong. I was married at a young age. Through my drinking and drugging, that went wrong. I couldn't do what I was supposed to do as a man because of the drugs and alcohol.

And when my son said that to me, I looked at him at a different light when I got back, because it was this nine-year-old kid saying that I had a problem with alcohol. Through all these years, myself, I never believed that I had a problem. I've been in a lot of trouble, going to jail, divorced, constantly fighting this battle with addiction, and I never came to light to see that I actually had a problem.

And I say now that it was because I had these goggles on, and I call them beer goggles. That stopped me from seeing what life is really about.



Alex Broady

And that's the kids – not only that I have, but that are here, that as adults and young men and women that we need to be taking care of, because these are innocent kids and they look to us for guidance. And if I'm doing wrong, what are they going to do?

continued on page 2

Graduation Calendar

- **Head Start** – Friday June 4, at the White River Amphitheater
- **Birth to 3** – Friday June 11, 12-3pm Trip to Northwest Trek*
- **Muckleshoot Tribal School** – 12th Grade – Friday June 11, 6:00pm at the Gym
- **Evergreen State College** – Friday June 11, 1-4pm Red Square (Olympia Campus)
- **Higher Education Dinner** – Thursday June 17, 6:00pm, Casino Upstairs Conference Rms
- **Northwest Indian College** – Friday June 18, 5pm, Wex Li'em Bldg, Bellingham
- **Youth Services** – Friday June 18, 5:30pm at the Muckleshoot Casino Banquet room
- **Virginia Cross Native Education Center** – Saturday June 19, 1pm, Auburn Performing Arts Center
- **Antioch University Graduation** – Saturday June 19, 2010

OTHER AREA SCHOOLS

- **Auburn High School** – Sunday June 20, 4-6pm, Auburn Memorial Stadium
- **Auburn Riverside High School** – Saturday June 19, 4pm, Auburn Memorial Stadium
- **Auburn Mountain View High School** – Saturday June 19
- **West Auburn High School** – Saturday June 19, 1pm, Auburn Performing Arts Center
- **Enumclaw High School** – Monday June 14, 7:30pm, White River Amphitheater

* For families that participated in the program this year.



Another Milestone in Muckleshoot Education

Eight short months ago more than 600 men, women and children of the Muckleshoot Community gathered together with various state and local elected officials to celebrate the opening of the new Muckleshoot K-12 School. That celebration marked an important milestone in the Tribe's journey toward a bright and prosperous future for all Muckleshoot people.

In a few short weeks another important milestone in that journey will be reached when the first graduating class of the new Tribal School receives their high school diplomas. The Tribal Council joins with all community members to salute the 2010 graduates, and to celebrate the fulfillment of our long held dream of a tribal school where our students are given the tools they need for academic success, but in a culturally relevant setting.

The Muckleshoot 2010 graduating class represents students who have persevered in the face of overwhelming obstacles. The 17 graduates of the class of 2010 have accessed a variety of educational programs the Tribe offers and supports. The culturally relevant curriculum across different subject areas allows the students to see our community reflected in their studies.

The Tribal School also works with many non-traditional students who have either been out of school for differing periods of time or were not successful in mainstream schools. At Muckleshoot, academic success comes from teachers working with students at the student's pace rather than a dictated timeline. Respect and value is given to student's life experiences as well as their cultural values and beliefs. Some graduates have attended a typical High School six-period school day and some worked on alternative schedules where the learning day was more individualized.

Regardless of the school day schedule and differing life challenges, all Muckleshoot graduates have met state testing and credit requirements. This achievement stands as a testament to the students' academic success and stresses the importance of having professional educators who can provide a culturally relevant learning environment.

The opening of the new Tribal School makes it possible for the tribe to offer all students a first-class learning environment. No more will our students have to go elsewhere to seek a comprehensive, high quality education. From our science labs to our athletic programs, the Muckleshoot School has proven that "if you build it, they will come."

As we salute the Muckleshoot Tribal School class of 2010, let us also give thanks to the many tribal elders and other tribal leaders whose dreams, vision and hard work made this school possible. It stands as an affirmation of the Muckleshoot Tribe's vision of education as a lifelong journey. It is that vision that underscores our investment in the Muckleshoot education system.



KING COUNTY LEADERS MEET WITH TRIBAL COUNCIL. King County Executive Dow Constantine and County Council Chair Bob Ferguson visited Muckleshoot recently to discuss issues of mutual concern with the Tribal Council. Left to right: State Senator Claudia Kauffman (MIT Government Relations), Bob Ferguson, Donnie Jerry, Dow Constantine, MIT Vice-Chair John Daniels Jr., MIT Chairman Virginia Cross, Marcie Elkins, Mike Jerry Sr. and Charlotte Williams.

MUCKLESHOOT BINGO *continued from page 1*

thing in their whole life," says Courville, who can name several customers who have been playing bingo since Day 1.

"One of my favorite memories was on a \$100 night at the old hall" remembers Allen. "We had a customer yell 'Bingo!' and then run up and down the aisle with excitement. The clerk still had to verify the bingo, so the clerk was running up and down the hall chasing after the winner. Everyone in the hall was laughing so hard!"

"Customers enjoy playing here because of the staff. Some win and some lose, but a lot of them keep coming back for the enjoyment," says Bargala.

It's true. Even today, the bingo hall sees crowds over 1,000 people for large events such as New Year's Eve and Anniversary celebrations. The loyalty of the customers is a contributing factor to the growth of the bingo hall. In 1985 the bingo hall was a 26,000 square foot facility that offered old-fashioned shutter-type cards and pull tabs.

"When we opened up we had hard cards," said Williams. "We had some already rubber-banded up, and we would hand the cards them to them (customers), and if they didn't like them, then they go – they had bins along side the wall, and they could trade them."

Today, the new bingo facility is over 65,000 square feet and offers paper and electronic bingo, nearly 400 Vegas-style machines, pull tabs, a bar with a billiards room, a gift shop, a players club and dining options. Customers enjoy the tall ceilings and state-of-the-art ventilation system which

allows for a nearly smoke-free atmosphere in a facility that still allows smoking.

Over the years innovations like electronic bingo machines and class II gaming have kept bingo new and relevant to players. The addition of fun side-games like the Money Wheel and the Late Night Bingo party have proven to attract a new, younger customer base.

Looking forward, the bingo hall – including the 25-year employees – hopes to see continued growth.

"I can't believe it's been 25 years," says Williams, adding that "I'm excited to work here as long as I can."

The six 25-year employees will be honored for their service by Muckleshoot Bingo at a celebration in July.

The history of Muckleshoot Bingo is special. To some, it symbolizes a place of new beginnings for the tribe. To some, it's a place for spending time with friends

and family. To some, it's all about the chance of winning money. Some hold the memory of their first job at bingo. And for a few, like Rhea, it's the only job they've ever known.

Muckleshoot Bingo is inviting its loyal customer base and its tribal family to its 25th Anniversary Celebration on Saturday, June 5. Doors open at 4:00 PM. Those who attend will enjoy a free buffet, live music by Deja Groove and a free 25th anniversary commemorative t-shirt. Buy-in is \$50 and will include 20 regular games, each paying \$2,500. Everyone 18 years and older is welcome to attend, and Tribal Passes will be accepted during the event.

MUCKLESHOOT BINGO
25th Anniversary Celebration
Saturday, June 5, 2010
Doors open at 4:00 PM

ALEX BROADY *continued from page 1*

So as many go through, it's learned helplessness, and they don't know how to deal with life as it comes at them. And they fall through the same cycle – the kids, the patterns that they follow because they learned it, and they can't help but to do it.

So it kind of just hurt me. I went and I volunteered to get help when my son said that to me. And I thank him to this day for basically just checking me – for him to see that and recognize at such a young age that I had a problem. Obviously it was affecting him. At the time, he was having trouble with school, and me off on the wrong path.

I didn't finish school. I never made it through high school. The ninth grade, I was going to alternative school. I dropped out, I went to work, and I did what I did on the streets.

And I always thought that I was smart, that other people didn't really need to know what I knew, so I just never went and finished school. And with him having trouble in school and me going to get help for myself, I figured, "I can show him, and I can help him once I help myself."

So I came and I went through recovery at Thunderbird Treatment Center for 28 days, and I told them I wanted to come up here for my outpatient. And I did. I came up here, got the help I needed here, and I went to the Tribal College and asked them for help.

It was kind of hard for me just to ask for help, because it's not something that I've ever done – I think just out of fear of what the outcome may be of succeeding in things, even though I felt I was smart. And not only fear of succeeding, but the fear of failure, and for others to look at me and maybe point the finger and say, "Oh, look at that dummy," because I couldn't do something.

But I went to the Tribal College for my GED and they had great guys up there that helped me and supported me. Louie Gong was a huge support for me, and even to this day I still go, and I call him and I talk to him.

And I got through it. Every test I took, I was so fearful of not passing the test that I would almost make myself sick. And the good thing is that the Behavioral Health people were here for me, and I didn't have to go out and use because I was scared or anything. I came up here and I did my group and I got the support that I needed.

And that's what I loved about being up here – that they do care. And I actually got my GED with some of the best scores that even myself I didn't think that I could do. And I went to work. After I did that, I had to focus on one thing at a time for myself.

I got a job and I was living down at the old Recovery House, which was a huge issue because down there it was just – I don't know how to put it, but it was hard down there. It didn't seem like there was very much structure for individuals to do what they needed to do, but I guess just my strong will to succeed and live my life as I see it now is what got me through. Since I've been in recovery, I do now say, "I have a life."

And so I got a couple of little jobs here and there. The Bingo Hall – I worked there for a few months, and I still was kind of cocky and had attitude

and I got suspended.

I am married. I have a beautiful wife now, Melanie Broady, who has played the most supporting role in my life today. She was a single mom going to law school at the U-Dub, and for her to do what she's doing – a single mom with two kids – was really something.

She saw something in me that I didn't see in myself. I was coming home mad from work and not happy with what I was doing, and she told me I should quit my job and go to school and do something that I liked, which seemed weird because I dropped out of school.

I didn't like school then, so it was like, "now she wants me to quit my job and go to school." And I told her, "I didn't like school then – what do you mean?" And I got in a little trouble down at the Bingo Hall and I got suspended for four days. And that right there gave me the opportunity to go up to Seattle Central Community College and apply.

I waited. During that time I was on suspension I was enjoying my couple of days off. It was the summertime, and the more that each day went by before I had to go back to work, the more I thought about going to school. And my wife told me that, really, I could do it.

My church at the time was Causey's Memorial in the Central District in Seattle, and my pastor said if I wasn't working, that the spirit came to her saying that I should go to school and be a counselor. Me not even saying anything to her about this was something else for me.

So that's what I did. The last couple of years, I've been going to Seattle Central. My grades are pretty good. Quite a few of my classes, I got 4.0's and 3.9's. I didn't think I was really "that guy," but I guess it goes to show whatever the man upstairs wants me to be, if I give it to Him, He will provide. And He's brought me, I guess, to where I needed to be and where He wants me to be.

And this last quarter, which was March, was my last quarter at Seattle Central. I graduate this June. I am here completing my internship hours right now. I just started, like I said, this week on the 19th at Behavioral Health for chemical dependency professional training.

So today, I am a loving husband. My siblings, I have brothers and sisters that now trust me with driving their vehicles, or in general. They love me today. They respect me for who I am and what I've done. And what I want most of all is to give back to those that are suffering as I once was. I always had this battle of addiction to fight, and I guess for me I want to be somebody that others can come to and ask how or why or what they can do to bring their life back.

And today, through being in recovery and fighting this battle, I can do that. Today I am able to be a loving parent and a husband, a father, brother – something I never was before, and it can be done. I'm 39 now. From 12 to 34, I was off the path. And when I got to 34, I got on the path. So it can be done, and I just want to be here for the next individual that comes in needing help. Just to pay it forward.

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I am a Muckleshoot tribal member,

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Please explain: _____



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NEWS from the Muckleshoot Preservation Program

By Donna Hogerhuis, Collection Specialist

Photographs are becoming a thing of the past. In today's day and age most family images are now digital and stored on your computer hard drive instead of a photo album. Popular ways to share images today are with your camera phone, digital key chain, and digital frames in your home. There may come a time when film becomes obsolete and old fashion framed photograph no longer exist.

So what is happening to the historic family photographs, ones taken well over 50, 60, and 70 years ago?

After fading from years of display, or permanently stuck to old adhesive photo albums, some photographs find their way into storage boxes on closet shelves. Others tend to be thrown out as they become soiled with normal wear and tear, and have become too hard to view and enjoy. A few computer savvy family historians will scan their treasured photographs to use them digitally. For the rest of you... don't trash that old photo yet!

The Preservation Program has thought of a unique way to give back to the community while building up the photograph collection for the Tribe. We are offering to help Tribal members retouch, restore, and enhance old family photographs.

Two sample of this work is shown here. The originals were scanned and then return to their owners. Both owners were happy with the results.

"It is exactly what I wanted" Doug Moses said. "It is one of the earliest photos I have of my mother."

Depending on the condition of the photo, it can take a few minutes to a few hours to correct. It is definitely worth it for the Preservation Program also, preserving your family's history is preserving a part of the Tribe's history. Due to time constraints, the program may not be able to scan every photograph from a collection or recent photos. We are requesting photographs that are over 50 years old.

We are also able to scan negatives. Subjects can vary from portraits, to

houses, to activities. The program is also looking for photos that document events like the fish-ins and treaty marches of the 1970s or buildings like the community hall or Shaker Church.

It is often the little things in the background of a photo that makes it priceless to preserve. Baskets for example can be found in photographs documenting techniques and style. Images of spear fishing, berry picking, hunting, and so on are documenting a way of life for the Muckleshoot People and can teach future generations.

Donating to the Tribe's DIGITAL Photograph Collection

To date the program has collected hundreds of images from a variety of library and museum's in the area. The Program has a both hard copies of photographs and a digital library. A more important goal is to help preserve historic photos from families' right here on the Reservation.

For example, Mary Starr recently brought in a collection of 107 images belonging to her parents Ollie and Martin Starr. The results of Starr's sharing of family albums have increased the Tribe's digital photos collection. The Starr Collection contains images ranging from basket makers to fishermen, from the Shaker faith in the 1940s to baseball games on the Reservation in the early 1970s.

If you would like to donate, Donna will scan your original and provide your family with one hard copy if not too big of a collection, and place all the image(s) on a CD disk. The family can then take the disk to a local photo facility like Wal-Mart or Walgreens and print as many copies and sizes as needed.

In exchange, the Program is asking to keep a scanned copy for the Tribe's digital collection. The family will be credited for their donation. Contact Donna at 253-876-3273 for time, or stop by the office located in the Philip Starr Building.



Rosemary (Enick) Fryberg

Rosemary (Enick) Fryberg was born in Auburn, Washington on August 5, 1935, and passed away on April 26, 2010 at Valley Medical Center in Renton, Washington.

Rosemary was 74 years old, and lived in the Auburn area her whole life where she was a home maker. She enjoyed berry picking, taking care of her grandchildren and shopping trips to the Goodwill.

Rosemary was preceded in death by Vernon Starr, Myron Fryberg, Diana Thomas, Philomena Moses, Elson Enick, Fred Enick, Debra Thomas and Allen Moses. She is survived by daughters Sharon Fryberg, Audrey Fryberg and Doreen Thomas, all of Auburn, as well as twenty-four grandchildren and thirty-three great-grandchildren.

Rosemary will be truly missed by her family, friends and all who knew her. A viewing was held on April 28, 2010 at Price-Helton Funeral Home. Funeral Services were held on Thursday, April 29, 2010 at the Muckleshoot Shaker Church at 10:00 a.m. followed by burial at Pioneer Cemetery. Online sentiments can be journaled at www.price-heltonfuneralhome.com



Vernon Adrian Lane Sr. – Swe'lus

Vernon A. Lane, Sr., age 79, departed this life to go be with his Lord and Savior on April 21, 2010.

He was born on June 13, 1930 and spent most of his childhood living with his parents and eight brothers and sisters on Portage Island, situated on the Lummi Indian Reservation.

He attended Lummi Day School and eventually went on to graduate from Chemawa Indian Boarding School in Salem, Oregon, where he excelled as a student leader and outstanding athlete in team sports such as football, basketball, and baseball.

He attended George Fox Community College where he played football for a time. He served briefly in both the Marine Corps reserves and the Army Corps and was honorably discharged in 1951.

He returned to Lummi to marry the love of his life, Nancy A. (Solomon) Lane, on November 19, 1951 and together they raised a family of 12 children. For most of his adult life, he supported his growing family working as a journeyman carpenter and was active in the local chapter of the Carpenter's Union.

He also was a commercial fisherman, having fished most of his life, and was passionate about being on the waters of the San Juan Islands and the great Puget Sound area.

In the early 1950's he was elected to the Lummi Indian Business Council and would eventually serve for about 35 years, with approximately 12 of those years as Lummi Tribal Chairman, where his legacy would be as a gifted and honorable leader.

He would eventually ascend as one of Indian Country's most formidable warriors on Capital Hill in Washington, D.C. He influenced landmark decisions in the U.S. Supreme Court like the Judge Boldt Decision of 1974, guaranteeing fishing tribes 50% of the harvestable catch.

He was a leader with strong convictions to do what is right and good for the Lummi people and all of Indian Country and he never wavered from those convictions despite the overwhelming odds of adverse opposition from those accustomed to passive / aggressive Native people. He would lead his people out of poverty and unemployment with the development of the Lummi Aquaculture project, which was the first of its kind on the West coast of the U.S.

After putting his political persona behind him, he took his leadership into the Catholic Church arena, serving as a lecturer and deacon for St. Joachim's. Eventually he took up his guitar and established a music ministry with his daughters and other choir members that would soon gain notoriety throughout Native and non-Native communities alike throughout the western United States and Canada.

Such notoriety would lead to invitations to sing for the Pope's visit in Phoenix in the 90's and for Archbishop Raymond Hunthausen's funeral service in Seattle, Washington. His ministry would reach across interfaith lines to those who sought comfort and strength during times of loss and grief.

Using his carpentry skills, in the late 1960's he refurbished St. Joachim's church, which is said to be the oldest Catholic Church in Western Washington. During that time, he also built the sacred shrine of our Blessed Virgin Mary located on the grounds of St. Joachim's church.

Vernon was an avid athlete, playing basketball and baseball well into his older years. Eventually his sons had the good fortune of joining their father on the Hell Divers basketball team. Both his daughters and sons joined him on a Co-ed softball team that would take many first place trophies in local tournament competitions.

He was preceded in death by his parents, the late Arthur, Sr. and Christine (Placid) Lane; brothers, Virgil and Arthur, Jr.; sisters, Violet Hillaire, Viola Robideau, and Gladys Cultee; and daughter, Joanne M. Lane.

He is survived by his loving wife, Nancy; daughters, Laverne and Marcy Lane, (twins) Christine Julius and Doreen Lane, and Vernell Lane; sons, Vernon, Jr., Galen, William, Patrick, Fredrick and Michael Lane; 30 grandchildren; 23 great grandchildren and numerous nieces and nephews.

A Catholic funeral mass was held on Wednesday, April 28, 2010 at 11:00 a.m. at the Wexliem Community Building, followed by interment at the Lummi Reservation Cemetery. You may share your thoughts and memories of Vernon in the online guest book at: www.molesfuneralhomes.com



Sample Photo Repair Work



Val Bellack brought in this 2nd generation photo of her grandmother Maggie Daniels and her mother Eliza Daniels, c. 1908. Both the picture and a taped label were stuck onto framed glass. The frame had dropped and the glass was broken. The photo could not be detached without tearing the photo, so the entire glass with image was scanned before retouching.



Doug Moses brought in this photograph of his mother Lucinda Cecilia Lobehan (married Arthur Moses) arm-and-arm with sister Isabella Lobehan.

Next month – types and care for your old photographs

TIPS for the computer savvy-

- It HAPPENS! Without backing up your hard drive you can lose all your digital images in one fatal crash. So don't forget to back up periodically on at least two disks, and make a hard copy of your favorites too!
- Have you ever blown up a photo only to find it too fuzzy to make out? The problem lies in your original format. As a rule of thumb, JPEG is used most often by people who share digital images and is often automatically placed in JPEG on your printer or camera. It is because the file size is small. The image can be store on your computer faster, making it easier to open and share, and is often required for website use. HOWEVER, if you want to preserve the little details of your image, you will need to first save or keep the image in TIFF then save in JPEG for downloads.
- Remember, every time you recopy an image you lose detail. The farther away from the original scan - a copy of a copy of a copy, the poorer the quality.

Martin & Ollie Starr Collection



Williams family at dinner.



Dwayne Ross with wood spear.



Group at original Shaker church. Maggie Barr, Herman Goudy, George and Leona Starr, Kenny Williams and Sherman Williams are among the group – can you identify more?



Ollie (Aleck) Starr toddler at front left with parents Ollie and Nelson Aleck, and siblings Wilma, Anna, Alvin Miller, Charlie



Girls on car watching baseball.



Fishing – Martin Starr Sr., George Starr and Louis Starr.

ADMINISTRATIVE PROFESSIONALS HONORED

Here are a few of the valued employees that were honored recently on Administrative Professionals Day.
PHOTOS BY JOHN LOFTUS



Renee 'Rosa' Lozier and Deanna Guzman



Michelle Graham

SELENA WINS THE BLUE RIBBON!

"Ever since she was small, Selena has always loved animals," her big brother Andrew Simmons says. "She loves all kinds of animals – cows, everything – so I'm really glad that she had the chance to start riding horses."

Selena Mackenzie Hernandez, the daughter of Joylene Simmons and Hector Hernandez, was fortunate to find a welcoming horse club like the Mounted Mischief 4-H group right here on the plateau, and was especially fortunate to meet Kelly Ferguson, who became her mentor and lets her come over to practice and train on her horses.

On Saturday, April 17, Selena competed in her first 4-H Novice Horse Show. She was nervous, but had practiced hard, and the horse she rides, Sonny, did his usual good job. Afterward, as the names were being called off for the different ribbons being awarded, Selena's mom told her to "breathe in through the nose, out through the mouth" as she waited tensely, hanging on every name.

Finally, they got to the end and still hadn't called her name. Selena was thinking that she didn't win any ribbon at all. And then it came time for the very last award – the Blue Ribbon – and the winner's name was called out: "Selena Hernandez!"

The biggest smile spread over her face and, from that point on, she just could not stop smiling.

"It was a dream come true," her mom says. "And I am so proud of her!"



cut second



cut first



Selena and Sonny



The Blue Ribbon!



It was a very happy day!



Gathering of Nations Pow-Wow

Here are a few photos from our trip to Albuquerque NM for the 2010 Gathering of Nations Pow-Wow. Olivia Courville, Lauryn Courville, Jessica Garcia, and myself traveled there April 22-25. Olivia is shown entering the dance arena for Grand Entry in several of the attached photos. She is wearing the orange fancy shawl and green beadwork.

Other photos were taken at the Indian Pueblo Cultural Center where we were exposed to Southern Indian Culture. We were able to view their museum and listen to a live Navajo drum group and watch a group of Navajo dancers! We had a very interesting and exciting trip.

We'd like to thank the Tribal council and the Pow-Wow committee for their continued support of Lauryn Courville. She traveled to Albuquerque as a representative of the 2008-2009 Skopabsh Royalty.

~ Madrienne Salgado



Calling All Muckleshoot Youth!



We are looking for Miss, Junior Miss, Little Miss, Warrior, and Little Warrior Skopabsh Royalty contestants! Contact Wendy Lloyd for information and raffle tickets.

MUCKLESHOOT POW-WOWS:

- Muckleshoot Veterans Pow Wow, White River Amphitheatre, June 25-27
- Sobriety Pow Wow, Muckleshoot Pow Wow Grounds, July 23-25
- Skopabsh Celebration, Muckleshoot Pow Wow Grounds, August 21-23

OTHER POW-WOWS

- 40th annual Delta Park Pow-Wow, Delta Park Portland OR, June 18-20
- Julyamsh Celebration, Post Falls ID, July 23-25
- Shoshone-Bannock Indian Festival, Fort Hall ID, August 12-15

STILL MORE POW-WOWS

<http://www.powwowtime.com/calendar/powwows-washington>





MUCKLESHOOT POLICE



Muckleshoot Police April Recap

03/23/10 7:45 pm 10-067582 Cedar Village Violation of a Court Order

A young adult male was booked into jail for violating a court order on 03/21/10, his former girlfriend was the victim, and they have two children together. The male continued to violate the order in jail by calling the victim several times. The male is being charged again for violating a "Domestic Violence No Contact Order."

03/24/10 4:45 pm 10-068274 Skopabsh Village Threats

An adult male went to his ex-wife's house and told their minor child they he was going to kill them. The female has two valid court orders against the male. The incident was reported two days after it occurred. The male is being charged with felony "Threats."

03/25/10 10:10 am 10-068930 Muckleshoot Tribal School Liquor Violation

The deputy at the Tribal School was alerted to an intoxicated student. The deputy contacted the student and had them blow into a breath test machine, they tested positive for alcohol. The student was released to school staff to be transported home. The student is being charged with "Minor in Possession of Alcohol."

03/28/10 3:40 pm 10-071540 Lozier Ranch Vandalism

There is new gang graffiti on an electrical box and the "Lozier Ranch" sign at the entrance to the property.

03/28/10 4:30 pm 10-071578 41100 block Auburn-Enumclaw RD SE Warrant Arrest

A deputy found an adult male's vehicle suspiciously parked in the wooded area in the 41100 block of the Auburn-Enumclaw RD SE, a check of the vehicle revealed that the owner had a felony warrant. The male was located in the wooded area by a creek drinking a beer. The felony warrant was for a Narcotics Violation with a \$10,000 bail. The male was arrested and booked into the King County Jail on the warrant.

03/29/10 3:34 pm 10-072271 Skopabsh Village Residential Contact

Deputies made contact at a house in Skopabsh Village where a known juvenile gang member is believed to be living. The adult female resident, three juveniles and one young adult male were contacted and warned about the zero tolerance of gang activity on the reservation.

03/29/10 9:15 pm 10-072546 Muckleshoot Deli Warrant Arrest

An adult male was observed at the Muckleshoot Deli by a deputy. Tribal Security informed the deputy that the male was trespassed from the deli. The male was contacted, it was discovered that he had a misdemeanor warrant from Auburn for Criminal Trespass in the Second Degree with a \$5,000 bail. The male was arrested on the warrant, Auburn Police were called, they arrived and took custody of the male for booking into their jail.

04/08/10 12:25 am 10-079958 Skopabsh Village Warrant Arrest

During a traffic stop a young adult male's name was checked, he had two misdemeanor warrants out of Auburn. The first warrant was for Criminal Trespass in the Second Degree and Marijuana Possession with a \$1,000 bail. The second warrant was for Possession of Drug Paraphernalia with a \$1,000 bail. The male was taken into custody and transported to Auburn where he was released to an Auburn officer for booking into the Auburn Jail.

04/08/10 7:00 am 10-080476 Skopabsh Village Burglary

A Wii console, two Wii controllers and three Wii games were taken from a house during the night while the residents slept. There was no forced entry into the house.

04/08/10 10:30 pm 10-080818 40000 block Auburn-Enumclaw RD SE Suspicious Circumstance

During a traffic stop the deputy could smell the strong odor of marijuana coming from the vehicle, a search did not reveal any drugs. The deputy was told that they had smoked all the marijuana before being stopped.

04/09/10 4:10 am 10-080944 Health and Wellness Center 911 Hang-Up Call

There was a 911 hang-up call from the Health and Wellness Center at 4:10 am. Deputies checked the building, it was secure and nothing out of the ordinary was found.

04/14/10 2:00 pm 10-085465 Cedar Village Vandalism

Gang graffiti was discovered on the cement wall between the old smoke shop and Cedar Village as while as on the nearby utility boxes. The graffiti was done in blue spray paint.

04/14/10 2:10 pm 10-085483 Cedar Village DOC Arrest

An adult male was contacted who had been drinking alcohol. The male was under Department of Corrections (DOC) supervision and is prohibited from drinking alcohol as a condition of his release. The male's Community Corrections Officer (CCO) was contacted and she advised to take him into custody. The male's CCO and a seconded deputy arrived; the male fled into a house but was pursued and taken into custody. The male was booked into the Enumclaw Jail for his parole/probation violation.

04/14/10 2:30 pm 10-085499 Cedar Village Felony Warrant Arrest

A juvenile was contacted and a check of their name revealed that they had a felony warrant for Felony Assault. The juvenile was taken into custody and booked into the Youth Services Center on the warrant.

04/15/10 7:59 am 10-086209 38100 block Auburn-Enumclaw RD SE Burglary

An adult female reported that while no one was home the night before someone

kicked open the back door and took an X-BOX 360 console and five X-BOX games.

04/16/10 6:00 am 10-087121 Skopabsh Village Assault DV

An adult male assaulted his adult wife. The male had left the house before the police were called. The male was located later in the day and arrested for the assault. The male was booked into the Regional Justice Center Jail for investigation of Assault in the 2nd Degree Domestic Violence (DV).

04/17/10 12:45 am 10-088029 37900 block Auburn-Enumclaw RD SE Trespass

An adult male was discovered in a vacant house belonging to the Muckleshoot Housing Authority. There was no damage to the house. The male was made to cleanup his mess and sent on his way.

04/17/10 6:44 pm 10-088509 Davis Property Trespass

An adult non tribal member male showed up at his ex-girl's house, he was not wanted there. The male was trespassed from Tribal Housing Authority property at the Housing Authorities request.

04/17/10 8:31 pm 10-088628 Muckleshoot Indian Reservation Indecent Liberties

A juvenile reported that an adult male touched them inappropriately. No further details due to the nature of the incident.

04/17/10 9:19 pm 10-088663 38900 block Auburn-Enumclaw RD SE Theft

An elder female had a new laptop stolen from her home. The elder's adult grandson is the suspect in the case. Further investigation is in progress.

04/18/10 4:05 pm 10-089185 Skopabsh Village Animal Problem

A deputy was alerted to a dog trying to bite children in the playground in Skopabsh Village. The dog was laying down and it's back legs were injured. The deputy was told that the dog had been hit by a car 5 or 6 days prior. King County Animal Control was called; they responded and took the dog away with them.

04/19/10 1:27 pm 10-089878 Davis Property Theft from a Vehicle

Oxycodone, cash and two softball bats were taken from an unlocked vehicle in a driveway at a house.

Traffic Stops: 27

EMPLOYEE OF THE MONTH

Doug Newell

Doug Newell was Employee of the Month for March. Doug has been with the Muckleshoot IT Department since 1998, first as a contractor then as an employee in 2000. He is currently the Senior Network Engineer for Tribal Administration.

Doug has seen many changes in information technology at the tribe. He has assisted in some way in most of the projects since he first started. Doug's knowledge and experience at the tribe has been called on many times especially when it comes to how all the tribal buildings have been networked.

Doug has worked in all areas of Information Technology. The word amongst his peers is if Doug can't fix it, then it can't be fixed. Doug is always willing to learn new technologies and can be counted on when his expertise is needed. Doug is a valuable asset for the tribe and we are happy to have him on our team. Keep up the good work Doug!



Doug Newell

King County/Muckleshoot Police Storefront Newsletter

Burglaries continue to be one of the top calls for service on the reservation.

Residential Burglary is described under RCW 9A.52.025 in which:

(1) A person is guilty of residential burglary if, with intent to commit a crime against and person or property within, the person enters or remains unlawfully in a dwelling other than a vehicle

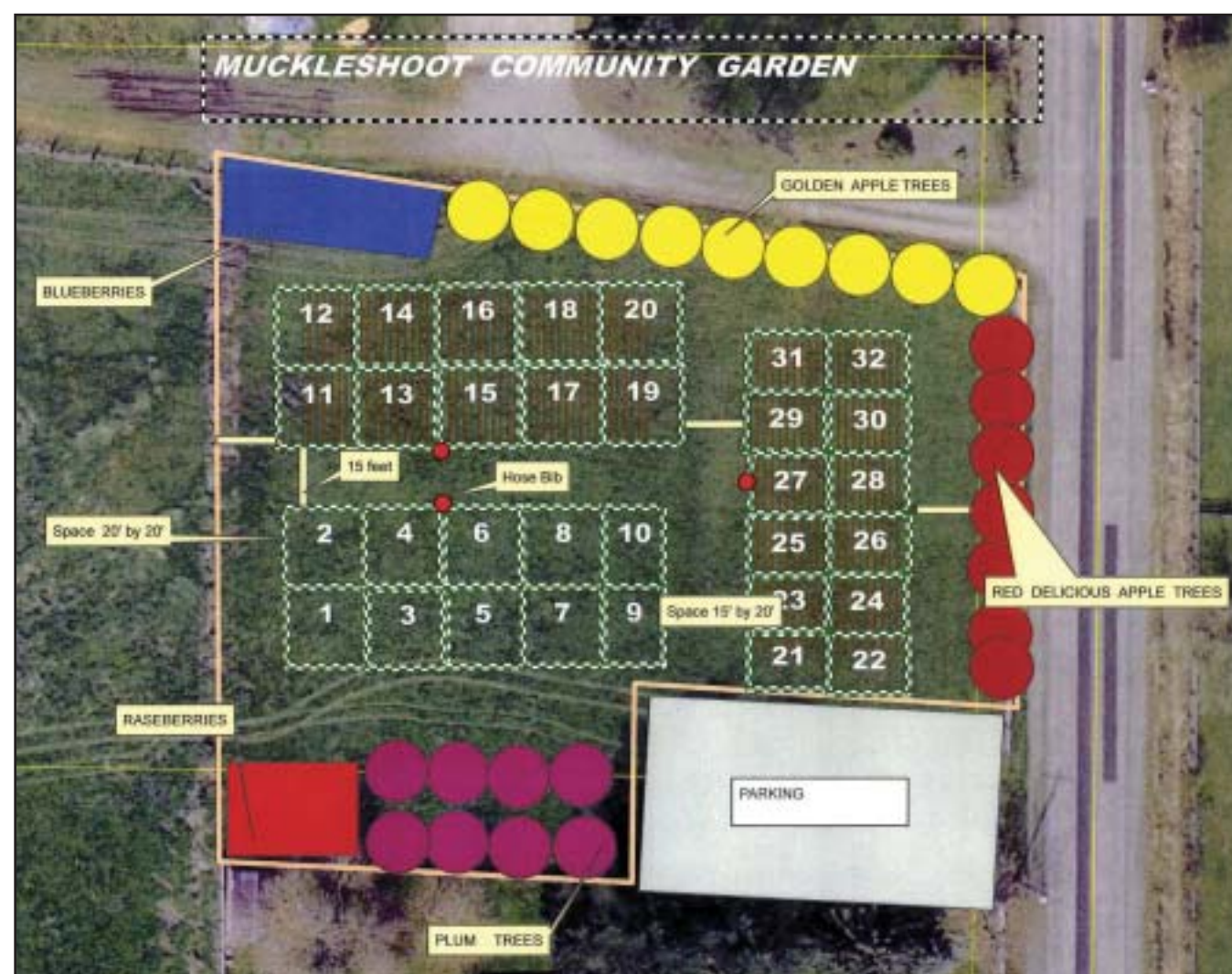
Residential Burglary is a Class B felony.

There are a number of things that homeowners/renters can do to help us investigate these crimes.

1. **PLEASE, PLEASE, PLEASE**...call 9-1-1. We can't help you if we don't know your house has been burglarized.
2. Let the police department know when you are going to be out of town. We cannot say we will watch your home 24/7, but when Deputies are doing paperwork in their patrol cars, they can sit nearby your home to accomplish their paperwork **AND** watch your home.
3. On the same note, **DON'T** spread the word around that you are going out of town. If you have someone staying at your house, that's great,

but, if your house looks like no one is home, then it's more of a target. Leave a light on.

4. Take the time to document serial numbers on **EVERYTHING** that has one. Take **PHOTOS** of your jewelry. Electronics and jewelry are the two most frequent items taken in burglaries. If your property gets pawned, a serial number or a photo of your jewelry will make all the difference in the world to properly identify items belonging to you.
5. Secure your homes. Even if you are only going to be gone a short period of time.
6. Consider an alarm system. There are **A LOT** of different alarm products out there.
7. Deputy Ron Rihs is available to conduct residential surveys to help you determine ways to make your home "burglar" proof. Call him at 253-876-3246.



COMING SOON! MUCKLESHOOT COMMUNITY GARDEN!

Contact Tammy Smith at the Planning Department, 253-876-3326, to sign up for a garden spot.

CENSUS UPDATE

On May 1, Census Takers began going door-to-door to households that did not mail back their forms. A Census Taker or enumerator is a person hired by the Census Bureau to make sure that neighborhoods get represented as accurately as possible.

The enumerator's primary responsibility is to collect census information from residences that have not sent back their 2010 Census form. If no one answers at a particular residence, the enumerator will visit that home up to three times, each time leaving a door hanger featuring a phone number; residents can call the number on the hanger to schedule the visit. They will also verify that housing units indicated as "unoccupied" to the Census Bureau by the postal service or others are indeed unoccupied and vacant.

If they visit your residence, please fill out the Census questionnaire, some of them may be Tribal members who are employed by the Census. It is important

that the Muckleshoot Tribe gets an accurate and complete count of their membership. The Muckleshoot Tribe's overall response rate during the 2000 Census was 72%. It is a very important goal for the Tribe to exceed that number for the 2010 Census.

There have been some reports of enumerators visiting residences that have already filled out their census form. If this happens to you, you can either take a few minutes to fill it out again, remembering to identify yourself as Native American from the Muckleshoot Tribe, or you can ask the enumerator to contact our offices.

If you were not mailed a Census Questionnaire form and do not have a Census Taker visit your residence within the next few weeks, please contact Ada McDaniel 253-876-2980 or Grant Timentwa 253-876-3327.

The Muckleshoot Census Team

MIT Vessel Registration for 2010

The MIT fisheries vessel registration office is currently open for 2010 vessel registrations. Hours are 9 AM to 4 PM. Requirements for registering vessels for use in fisheries open to MIT fishers appear below:

- Fishers must registered for the 2010 fishing season (must have green sticker on the back of the MIT ID card) in order to register their vessel(s) for 2010.
- Vessel photos are required even if photos were provided in 2009. Please bring right and left side photos showing the full length of the vessel and the MIT vessel registration number. If the vessel number is not clear in the side-view photo, then take a third close-up photograph of the number. Check to see that it is legible.
- Vessels used in commercial fisheries must be 16 feet or longer.
- Eligibility for the drawings for LEZ fisheries will be limited to fishers with vessels registered by June 30th.

Things You Should Know About Clam Digging

1. Beware: You can get sick from clams harvested at Adelaide Beach, Alki Beach, Redondo, Lincoln Park, Salt Water State Park and all other beaches between Seattle and Tacoma. They are all potentially polluted and are closed by the Department of Health.
2. Tribal members can dig clams at the Tribe's property on Vashon Island. There are lots of butter clams and some steamers, horse clams and cockles at the beach. Directions are provided at the end of this list.
3. Fisheries staff will be routinely testing the clams at the Vashon beach for "red tide" to insure the clams are safe to eat. Always check on the Fish Hotline (1-800-FISH-NOW) for results to see if the Vashon tidelands are open.
4. The Vashon tidelands are rocky and digging clams is more difficult than at sandy beaches. A clam shovel works well and some folks use a garden fork, but small clam rakes do not work very well.
5. If you want to go to the property by personal boat, the Fisheries Division will provide you with a chart to locate the tidelands and a good place to anchor or beach your boat.
6. The driveway at the property has a locked gate so call the Fisheries Division: 253-876-3131 to get the combination to the locked gate and updated red tide results.
7. Check the ferry schedule that is printed here with the tide charts. There is a fee for the ferry from Fauntleroy (West Seattle) to Vashon.
8. Fisheries staff will also be organizing clam-digging trips to Vashon Island for tribal members who would like to visit the property for a half-day outing, call Andy at the Fisheries Division, if you may be interested.
9. There are various shellfish enhancement projects going on at the Tribe's tidelands. Do not harvest any of the shellfish in areas marked with RED markers.
10. Oysters can be harvested from the area marked with GREEN buoys and only with an Oyster Harvest Permit, which are available from the Fisheries office.

CLAM DIGGING TIDES - VASHON ISLAND

May - June 2010

Day	Date	Time to Dig	Low Tide level & time
Tuesday	May 25th	8:30 am – 11:30 am	-1.4 ft @ 9:50 am
Wednesday	May 26th	9:00 am – 12:30 pm	-2.2 ft @ 10:30 am
Thursday	May 27th	9:30 am – 1:00 pm	-2.7 ft @ 11:09 am
Friday	May 28th	10:00 am – 2:00 pm	-2.7 ft @ 11:47 am
Saturday	May 29th	10:30 am – 2:30 pm	-2.5 ft @ 12:27 pm
Sunday	May 30th	11:30 am – 3:00 pm	-2.1 ft @ 1:07 pm
Monday	May 31st	12:30 pm – 3:30 pm	-1.5 ft @ 1:48 pm
Thursday	June 10th	8:30 am – 11:30 am	-1.7 ft @ 10:06 am
Friday	June 11th	9:00 am – 12:30 pm	-2.6 ft @ 10:45 am
Saturday	June 12th	9:30 am – 1:30 pm	-3.2 ft @ 11:27 am
Sunday	June 13th	10:00 am – 2:30 pm	-3.5 ft @ 12:11 pm
Monday	June 14th	11:00 am – 3:00 pm	-3.4 ft @ 12:56 pm
Tuesday	June 15th	12:00 pm – 3:30 pm	-2.9 ft @ 1:43 pm
Wednesday	June 16th	1:00 pm – 4:00 pm	-1.9 ft @ 2:31 pm

Fauntleroy (West Seattle) / Vashon

Crossing Time: Approximately 20 minutes (45 minutes via Southworth)

Monday through Friday Leave Fauntleroy

5:20	10:40	4:00	8:55
5:50	11:40	4:40	9:20
6:10	11:55	5:00	10:20
6:45	12:20	5:40	11:40
7:05	12:55	6:00	12:55
8:25	1:20	6:30	2:10
9:05	1:40	7:05	
9:25	2:45	7:35	
10:20	3:05	8:05	

Leave Vashon

4:05	8:15	12:50	7:40
4:50	8:40	1:50	8:30
5:20	9:00	2:20	8:50
5:45	9:40	3:25	9:55
6:20	10:10	4:30	10:45
6:40	10:30	5:10	12:05
7:00	11:30	5:30	1:20
7:15	11:55	6:30	
7:55	12:25	6:55	

Saturday and Sunday Leave Fauntleroy

5:20	11:45	4:00	8:00
6:05	12:20	4:20	9:20
6:55	12:50	4:40	10:20
7:35	1:20	5:10	11:40
8:35	1:40	5:40	12:55
9:15	2:00	6:20	2:10
10:10	2:20	6:40	
10:45	3:00	7:20	
11:10	3:20	7:40	

Leave Vashon

4:50	10:40	2:45	6:55
5:35	11:15	3:30	7:10
6:25	11:50	3:50	7:30
7:10	12:20	4:10	8:50
8:00	12:50	4:45	9:55
8:40	1:15	5:10	10:45
9:20	1:30	5:35	12:05
9:40	1:50	5:50	1:20
10:20	2:30	6:10	

● Via Southworth.
▲ Loads foot passengers only.

● Via Southworth.
▲ Saturday only.
■ Sunday only.

Note: Vehicle load limits may be in effect on multiple destination sailings.



First Salmon Dinner & Ceremony

Friday, June 25, 2010
3 p.m.
Pentecostal Church



Keta Creek Kid's Fishing Derby

When: Sat. June 19th

Time: Breakfast—8:30am
Fishing—10 to noon
Lunch—11:30am

Where: 34900—212th Ave Se
Auburn, WA 98092

Contact: Gail at (253)876-3178



This event is for Muckleshoot Tribal members and their families to come join us at the hatchery for a day of fishing, food, and fun. Fishing will be for Kids ages 0-12yrs. There will be prizes given for the biggest and most trout caught from our ponds, lots of different activities, and plenty of food to eat. For fishing we will provide worms, hooks (No Treble Hooks Allowed!), fish sacks, ice, and a fish cleaning station. A limited number of fishing poles will be available for sale. Remember to check out our new 2010 Derby gear at the sales table for lots of good deals on hats, shirts, and more.

This is a family event. Drugs, alcohol and weapons are prohibited.
MIT is not responsible for: loss, theft, accidents/injury or items damaged.
Persons receiving prizes must fill out MIT prize form ; Name, address, phone, SS#

Muckleshoot's Keta Creek Fishing Derbies

The Keta Creek Fishing Derbies are a summer time family oriented events for Tribal Members and their families. These Tribally funded trout fishing opportunities include breakfast, lunch, snacks, fun and games for all ages. Bait, fishing tackle, ice, and fish sacks provided. Scheduling of games, contests, and other events will be added when possible, or deleted when necessary. Please direct questions, comments, or suggestions to Gail Larsen at (253) 876-3178.

Date/Time	Event
August 14, 2010 8:30-2pm	FAMILY DERBY —All ages fishing. Family oriented prizes, and door prizes for adults.
Sept. 25, 2010 8:30-2pm	FALL CLASSIC — All ages fishing. Family oriented prizes, and door prizes for adults.





CAN YOU IDENTIFY THESE WOMEN?

This picture was chosen by the National Museum of the American Indian, Smithsonian Institution, to help illustrate a recipe for Cedar-Planked, Fire-Roasted Salmon in NMAI's forthcoming Mitsitam Cafe Cookbook. NMAI is asking the Tribe for permission to use this photo and identification of the women in the photo.

The Preservation Program asked the Senior Center to help ID the women

and these are the names gathered to date. From left to right: Alice Williams, Laura Siddle, Unidentified woman, Genevieve Siddle John Luke, Bena Barr Williams, Annie Garrison, and Irene Siddle.

If anyone has more information or corrections please let Donna at 253-876-3273 or donna.hogerhuis@muckleshoot.nsn.us know as soon as possible. Thank you!



2010

White River Spring Chinook Opens

Fishing Schedule:

- Start date is May 14. Fishery will open 6 am Friday and close 8 am Monday each week until the targeted number of Chinook is caught.

Type of Fishery:

- This is a Ceremonial & Subsistence (C&S) net fishery. Fish (Chinook or steelhead) caught and retained, can not be sold commercially to a fish buyer or privately to the public.

Restrictions:

- All fishers must have a valid 2010 sticker on your card in order to fish.
- All fish caught and retained must either be reported to fisheries staff or an enforcement officer. The fisheries office numbers are 253-876-3110 or 253-876-3113.

Gear:

- Throw out gillnets must have a **minimum of 6 1/2 inch mesh (new rule)** and be no more than 60 feet in length and or not to cover more than 1/3 third of the width of the wetted waterway.
- One net per fisher.
- Fishers are advised to check the hotline on a regular basis for any up dated information. 1-800-FISH-NOW (1-800-347-4669)

Area:

- White and Puyallup Rivers (area restrictions listed below)
- White River remains closed upstream of the Hwy 410 bridge.
- Puyallup River remains closed downstream of the Meridian St. Bridge

Notice to all hook and line fishers:

- The hook and line fishery on the White River will remain closed until further notice. The closure will be temporary so please check the hotline on a regular basis to find out when it will open.

MCDC Children Dig Clams at Vashon

PHOTOS BY JAMI MCGINNIS



2010 Annual Fisher's Meeting
2010 Annual Fisher's Meeting

Chinook Salmon
Oncorhynchus tshawytscha

Time & Place: June 1st (Tuesday), 2010 at 5:30 pm in the Philip Starr Building in the Fish Commission meeting room.
Food and beverages will be served.

Agenda Items:

- Update on the 2010 fishing season will include;
 - Fish numbers
 - Tentative fishing schedule
 - Enforcement issues
 - New rules
 - Shellfish
- Muckleshoot Seafood Products presentation will include;
 - Overview of the 2009 season
 - Fish buying rules (old & new)
- Additional questions and comments
- All the 2010 test fishery drawings will be held at the end of the meeting. To be eligible for the drawings fishers must;
 - Must have a valid 2010 fisher ID sticker
 - Must be present to put your name in the drawing
 - Must provide the WN number of the boat you will be fishing

NO EXCEPTIONS WILL BE MADE

Muckleshoot Fisheries / Harvest Management Information

NOTICE TO ALL HOOK AND LINE FISHERS

The White River hook and line fishery opening will be delayed until mid- June. Please check the fisheries hotline message on a regular basis to find out the start date and time.

**MUCKLESHOOT FISHERIES HOTLINE
1-800-FISH NOW**

Annual Virginia Cross Birthday Celebration and Family Reunion scheduled for June 12

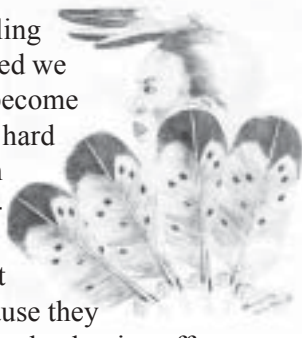


The Annual Birthday Celebration and Family Reunion for our Mother, Sister, Auntie, Grandmother and friend, Virginia Cross, will be held on Saturday, June 12, from 4:00 PM to dusk. The location has changed slightly this year: It will be held at Game Farm Park, *not* Game Farm Wilderness Park. This is the park with the ballfields, not the one on the other side of the river. Do not go over bridge this time! We will be at the big picnic shelter! Potluck style! Please come and join us all together to share happiness and laughter! And some good food! Mark your calendars and save the date!



Feathered Healing Circle

Hello! Cynthia here with The Feathered Healing Circle. Here we are again with Step 1: "We admitted we were powerless over alcohol, that our lives had become unmanageable," from the Al-Anon Book. It is so hard sometimes to admit that you are messing up with not only your life but all the lives which are connected to you in some way.



The very, very hardest step is just admitting that you messed up. Some people say, "Oh well," because they don't understand that when they fall, it is kinda like the domino effect...one falls and they all fall. They are just close enough to touch just a little. I was going through my phone the other day and I found that I needed all 150 phone numbers in my phone some kind of way. So basically in order for my life to be in order, I have to ask 150 people for their help. WOW! That was a real eye opener.

Do what I did and see how many people help you be yourself. So if I fall, I will effect 150 people and then imagine how many people each of those 150 people have that help them. That means we each effect many people. Kinda like a chain life huh? So I want to say that by me alone accepting that I messed up, I affected 150 people, and those people affected how ever many people they affected. WOW! A lot of people – isn't that something?

I was thinking about my great-grandma Betsy Lozier-Louke. She did a small thing many years ago – she allowed moms and dads to go fishing together. My great-grandma took care of the fishermen's kids while they went fishing. By her doing this small gesture, it allowed several to work together and make their lives good.

Back in the day fish was one of the main foods. Small gesture, but my grandma Isabelle Lozier took care of us when we were small so my Mom could go out and pick vegetables and fruits. This is many years before they had such a thing called Welfare and Food Stamps.

My mother, Pauline Lozier-Barrett took care of children also. Then, myself, I take care of children. That makes four generations of us taking care of children by one gesture. I didn't know that I was affected by my great-grandma Betsy.

Back when I was young I had a burning desire to become an attorney. I was sent to L. H. Bates for Legal Secretary School by the Puyallup Tribe. They paid for my day care, lunch and classes and books. I felt so wonderful to be able to follow my dreams. I thank them from the bottom of my heart for taking care of me just because I was in the community. Wonderful tribe.

Then I went on to Paralegal School, graduated, still had the desire for law, so I began to work on the pre-requisite for Law School. Four years of college. During the time I was going to college my Mom started getting worse in her health, so I had to put a hold on my education. She said she wanted to move back home to see if her children and grandkids would fill her with Love before she left to the Happy Hunting Grounds.

Well you know people have a different way of dealing with loss. They don't always do what is expected. During this time I had my oldest grandchild with me and Mom. Mom taught her how to walk by allowing her to hold the walker and she walked right along with my Mom. She rode in my Mom's lap when we had to use the wheelchair. She stayed with us mostly until she started Kindergarten and then she was with us whenever.

During this time I had taken classes for Early Childhood Education. I Loved It!!! for some reason I loved it more than legal research. I have been able to help several people enroll in their tribe by using legal research – love to search records for family! I learn a lot when I do research, too. It just made me feel good inside.

I was instructed in a dream to work with children. I stood by that change and loved it, but others were angry because I changed my field. I figured when you work many hours at your job, you better enjoy it and I Loved it. When the children start understanding what they are learning they are like little sponges open to learning. We turn learning into games and they really love learning.

Yes I believe my life was touched, and didn't even know why. Because my great grandma Betsy started something many years ago. She is gone now, but still touching people's lives without even knowing it. Thank You Grandma Betsy.

You guys take care until next time. Hoyt! Cynthia Lozier. Next we'll be talking about Step 2 "Came to believe that a Power greater than ourselves could restore us to sanity." Don't forget – if anyone would like to share, please send in your articles. Thank you.

New ProviderOne Services Cards for Tribes are in the mail

Video brochure available to Medicaid clients and providers

OLYMPIA – The Department of Social and Health Services is putting more than a million new medical assistance identification cards into the mail this month, including those being mailed to tribal medical assistance members and families around the state.

Beginning May 9, the new plastic "Services Cards" will serve as identification cards for all medical assistance clients – primarily Medicaid, Apple Health for Kids and General Assistance-Unemployable clients who have had to rely in the past on paper coupons mailed out each month.

Washington State medical assistance programs currently reach 29,117 Native American and Alaska Native clients in the state.

The Services Cards are free and permanent and can be used easily by physicians, dentists, eye doctors, tribal clinics and hospitals to verify that the cardholder is a current client and eligible for benefits.

Issuing the new cards coincides with implementation of a new computer payer system that the Department is introducing on May 9. Called "ProviderOne," the new system will pay out more than \$17 million dollars a day in reimbursements for doctors, dentists, hospitals and other health care providers in communities all around the state.

The cards were mailed out first in Eastern Washington. The cards for Northeastern Washington clients were in the mail this week, with King County cards in the mail at the end of the week. Pierce County mailings are scheduled through May 3, with Southwestern Washington and Olympic Peninsula cards in the mail next week.

There is no cost to the client. The new cards are free.

The plastic Services Cards are easy to use. Just bring them along when you have an appointment with a doctor, dentist, clinic or any other medical provider. The information on the card – a special ID number, the client's name and the date the card was issued – will help providers easily track down eligibility information.

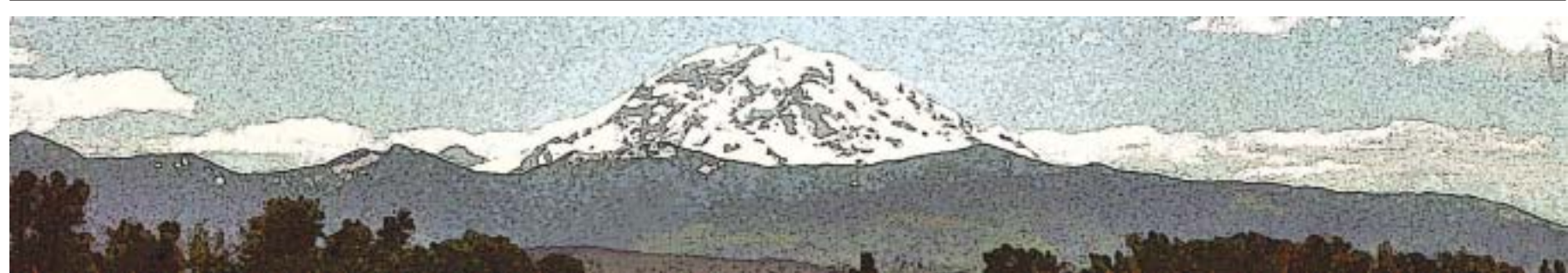
If the card is lost or stolen, providers can also use their office computers to verify eligibility with information such as the client's Social Security Number, address, full name and date of birth. Even if the card is lost, clients will not suffer any loss of privacy, since the card does not contain any personal health information.

Clients or providers with questions about the new cards can call the Department at 1-800-562-3022 or they can find more information about the cards on the Internet at <http://dshs.wa.gov/ServicesCard/>

Information about the new cards is also posted on YouTube in a new Department video brochure. Clients and family members, as well as providers, are invited to view the video at <http://www.youtube.com/WAstateDSHS>

A video brochure

Features of the new services card are outlined in a new video brochure that has been posted on YouTube. Clients and family members, as well as providers, are invited to view the video at <http://www.youtube.com/WAstateDSHS>



MIT SOLID WASTE COLLECTION PROGRAM

Hours of Operation:

The Public Works operate a Solid Waste Collection Station located at 40320 Auburn / Enumclaw Rd., (Entrance from So. 400th Street)

Monday - Friday: 8:00 AM - 3:30 PM
Saturday-Sunday: 1:00 PM - 5:00 PM
Holidays Closed

Policy:

- The facilities are free and restricted to all MIT Tribal members use only. (No exceptions.)
- No commercial vendor or contractor shall use this facility for commercial waste.
- All waste shall be put in the specific designated locations or bins. Repeat violators may be barred from further use of the facility.
- All members shall keep the ground clean at all times. Report any spills to the office immediately.

Housing Tenants:

All Housing tenants must request dumpster service through MIT Housing Department. Please call 253-833-7616.

How to Request a Dumpster:

Members who are either home owners / renters can request dumpsters to be delivered to their site for a special cleaning project. Members are required to come in to the Public Works office during the business hours to fill out a Work Request form after obtaining approval from the Housing Department. Dumpster size ranges from 3, 5 and 8 cubic yards. Larger size is available upon special request.

No mixed waste shall be allowed in each dumpster. Yard waste, garbage, appliances and electronic items shall not be put in the same dumpster. Members with mixed waste are requested to bring their items to the Public Works Collection Station.

Property / Site Clean up:

Code Enforcement may require the land owner to clean up their property. Dumpster can be requested to be delivered to facilitate the project. Please call the PW office to request a dumpster for the project. For salvage vehicles removal, please call Planning Dept. Lenny Sneatlum at 253-876-3324.

Demolition Projects:

Should a home or any structure / trailer needs to be demolished, please first obtain a demolition permit from the Planning Department and then bring the permit to the Public Works Department to arrange the work to be performed.

What can you bring to the Collection Station?

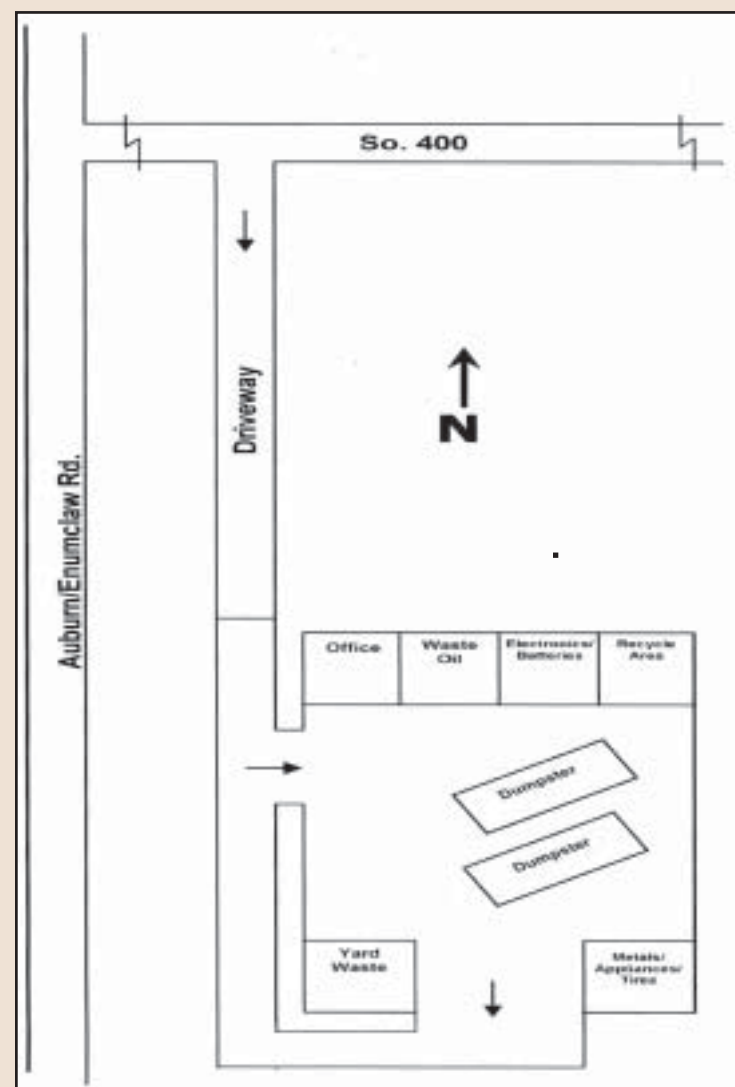
- Yard Waste
- General Household garbage
- Tires, small engine, batteries
- TV, computer and other electronic items
- Major appliances
- Waste oils and paints

All items above shall be put in separate designated area and dumpsters. DO NOT mix the above listed waste.

Any questions regarding the use of the facilities or services, please call the Public Works Office at 253-876-3281 between 7 AM to 4 PM. (M-F).

Notes:

- A new recycle area is designated to collect recyclable waste such as newspaper, card boxes, bottles and cans.
- The Collection Station is monitored by surveillance cameras. Any violators may be cited for penalties as allowed by the MIT Codes.



All tribal members requesting dumpster delivery and pickup should call 253-876-2911.

Please leave a message with your name, address and size of dumpster if no one is answering the phone.

JOURNALISM CLASS TO LAUNCH LITERARY MAGAZINE



Have you ever wondered what kind of hidden literary and artistic talent the people of the community hold? This spring, Writing Center Instructor Alicia Woods is teaching Journalism 288; a class in which students produce the first-ever Muckleshoot Tribal College literary and arts magazine. Students meet weekly to learn about every aspect of putting together an arts journal from graphic design to selecting submissions. The magazine will be launched on June 15th from 4:30-6:30 at the Writing Center (MTC, RM 208) with a party, open to all, that will include prizes, refreshments and a writing workshop. Stop by and check out the poetry, short stories, visual arts and songs collected in our new publication. We hope to see you there!

Sincerely,
The Students of Journalism 288

CALL FOR SUBMISSIONS

The Writing Center at Muckleshoot Tribal College is pleased to announce the upcoming publication of a new literary magazine. *The Muckleshoot Review* will showcase the writing and art of MTC students, faculty and community members. We are currently collecting submissions for our summer publication.

Works Accepted:

Prose, short fiction or essays no longer than 500 words
Poetry no longer than 20 lines
Photography in a high resolution digital format or a quality print
Other artwork, such as illustrations or paintings that have been photographed or scanned into a digital format

Submissions must be accompanied by an autobiography of at least 50 words and contact information (phone number, address and email).

*Submissions deadline is May 10, 2010. Send works to Alicia.woods@muckleshoot.asu.us or deliver to MTC Writing Center, Rm 208. Do not submit originals as work will not be returned.



MUCKLESHOOT TRIBAL COLLEGE

The selection process for *The Muckleshoot Review* is highly competitive and not all works submitted will be included in the journal.

The Muckleshoot Drop-In Center Offers

ALANON

Many times we question if ALANON is a group we should participate in. The easiest way to answer this question is, are/have you ever been a part of relationships where alcohol is a problem?

This support group provides a confidential environment for adolescents/young adults to discuss their experiences and process their feelings so they can identify healthy/unhealthy ways of living life.

Through group process the Drop-In Center professionals will educate and facilitate exercises to address ineffective ways of communicating and how to stop enabling family members.

Youth Adolescent 12 Step Group

Youth who are currently in treatment or who are struggling with their sobriety need to have a place to discuss their struggles. The Youth 12 Step Group is a resource for youth who are attempting to remain sober.

Lady Warrior

The Lady Warrior Group will assist young ladies in the Muckleshoot Community with Life Skills. The group will discuss real life issues and risky behaviors.

Relapse Prevention

Relapse prevention is another group which will assist youth who have already been in treatment with addressing specific issues during their early recovery. This group will provide them with best practices and continue to educate them on their recovery journey.

Support Services

- One on One Counseling
- Referrals and Follow-Up
- Advocating/Mediating Services
- Outreach Services for truant youth (September 2008)
- Youth Critical Incident Response Team
- Tutoring Services
- Legal Support
- Educational Workshops
- Support Groups

Warrior Group

Warrior Group is a mentoring group which works with males on establishing or reestablishing their roles as Native American Males through attending events in and outside the community while discussing gender specific experiences and issues.

*Warrior Groups are Gender Based
Services are offered to adolescents and young adults approximately 13-26*

Willing to walk the right path

Able to stay the course

Resilient to the challenges of life

Responsible for my thoughts, words and actions

Integrity is part of my every decision

Obligated to be a role model for those around me

Respect for my body, my family, elders and Community

I Am A Warrior . . .



**Muckleshoot Drop-In Center
Family Night - Sunday's
6 P.M to 10 P.M.**

All ages are welcome.

*If any question please call 253-876-2853
Food, Games, Etc.*



PHOTO BY BILL FLEET

**The Muckleshoot
Education Committee & Scholarship Staff
Invites You To The Higher Education Graduation Dinner
Thursday, June 17, 2010 at 6:00 pm
Muckleshoot Casino - 2nd Floor, Banquet Rooms
tə'ildx^w ?al tə sləhaydx^w**

Believing in Education

Remember: DATES ARE SUBJECT TO CHANGE
Please Call College to Confirm Dates!

Testing Dates are

May 21 28th.

Exam Testing Times -Arrive Early!

9:00 Reading, Social Studies, Science

10:30 Reading, Social Studies, Science

12:30 Math OR Language Essay Pick Only One

2:45 Reading, Social Studies, Science

If you are planning on taking 4 tests in one day then do your Essay at 12:30 & do your Math the next testing session

Passing a Pre-Test with a 450 score is Mandatory before taking the GED test or Muckleshoot Tribal members may pay for the GED test themselves.

Contact Mitzi Judge @ Muckleshoot Tribal College 253-876-3395 mitzi.judge@muckleshoot.asu.us
Or Tribal College Main Office 253-876-3183 www.muckleshoottribalcollege.org
GED Instructor's Phone number 253-876-3256

GED Tutoring

Free to all community members

- One-on-one tutoring
- Private study space available

Monday-Friday 9am to 6pm

Muckleshoot Tribal College room 203

For tutoring: **Todd Johnson at 253-876-3256**

Kitty Heite at 253-876-2977

For testing questions: **Mitzi Judge at 253-876-3395**

MUCKLESHOOT TRIBAL COLLEGE

News from the GED Program

In June, we will be starting a new mandatory orientation process. Every day from June 7-11, we will be combining GED registration with a revised orientation that will better prepare students to succeed on their GED. Anyone considering studying for the GED this summer will have to attend one of these sessions or one of the others during the first full week of each summer month. The schedule for these orientations will be as follows: June 7-11, July 5-9, August 2-6, and September 6-10.

This is a good time to come back to earn your certificates because we have continued to improve the GED room. Among the improvements, we've purchased a Kindle Electronic Reader, which helps students improve reading skills and build vocabulary with many easy-to-use functions. We've also continued to improve the online learning materials, which are very popular and effective.

As always, we are excited to help students find GED success and create options in their lives, including new work and school opportunities. Remember, all of our tutoring and preparations services are free, including the workbooks. Additionally, the study room is a quiet, safe, and comfortable place to learn.

We hope to see you in the GED room soon.

**Attention GED Students:
Finish your GED by January 2012!**

Now, there is an additional incentive to finish the GED because the GED series will change in January 2012, and all previous test scores will expire. That may seem like a long time away, but it's not. Don't let your results expire! Come in and finish your GED.

Call 253-876-3256 with any questions.

MUCKLESHOOT STUDENT INCENTIVE & REWARD PROGRAM

April 2010

Student Incentive & Reward Program

Muckleshoot Education Division would like to Congratulate the following Youth for Achieving a Student Incentive Reward

CONGRATULATIONS

To James Cross JR. for receiving 11th Grade Persistence Incentive

KEEP UP THE GOOD WORK!

HONOR ROLL

- Jose Mendoza
- Sampson Sam
- Alexis Mason-James
- Sylvia Agaton
- Latana Baker
- James Cross JR.
- Teddy Salinas
- Shalena Summers

ATTENDANCE REWARDS

- Alexis Mason—James
- Jacob Jansen-James
- Dakota Moses
- Elijah Lobehan
- Resa Starr
- Jeremiah WhiteEagle
- Derek Summers
- Shalena Summers
- Dominic Jansen
- Brandon Moran

SUCCEEDING IN SCHOOL

- Charles Starr
- Kendra Bean
- Sylvia Agaton
- Alice Purcell
- Joseph Emery
- Joshua Moses
- Ethan Moore
- Connor Moore
- Andrew Bargala
- Destiny Jansen

Do you know of a 12th grade Muckleshoot student that is scheduled to Graduate?

The MIT Student Incentive & Reward program can assist with funding towards:

- Cap & Gown
- Tassel
- Class Ring
- Announcement Package
- Senior Pictures

SAVE THE DATE

12TH GRADE
Graduation Dinner:
Friday June 18, 2010 at
Muckleshoot Casino in
the Coho/Chinook
Banquet room 6pm

If you have submitted an application for an incentive and have not received your reward please contact the Incentive Program staff.

For more information on the Student Incentive & Reward Program please contact:
Christina Chagolla
253-876-3370
Or
Rebecca Gallogly
253-876-3359



ATTENTION TO ALL MIT SCHOLARSHIP RECIPIENTS



MIT HIGHER EDUCATION GRADUATION DINNER JUNE 17, 2010

PLEASE MAKE SURE WE HAVE YOUR 2009-2010 CERTIFICATES & DEGREES

In order to ensure proper recognition the MIT Scholarship Program should have a copy of your Certificates and/or Degree on file for the academic year 2009-2010 in order to honor your completion at the 2009-2010 Higher Education Graduation Dinner on June 17, 2010, at the MIT Casino, 2nd floor banquet rooms.

Please take into consideration GED, Vocational, Technical Certificates and Associates, Bachelors, Masters Degrees. Please submit to the MIT Scholarship office no later than close of business day on June 4, 2010.

Also let us know if you will graduate in the summer 2010, so we can also recognize you, please have the Registrar's Office write a letter on your behalf confirming graduation or completion by the summer 2010.

Sonja Tuilata, Scholarship Program Manger (253) 876-3380
Sonja.Tuilata@Muckleshoot.nsn.us

Marie Marquez, Financial Aid Director (253) 876-3382
Marie.Marquez@Muckleshoot.nsn.us

For more information please contact the MIT Scholarship office.

Office hours: 8:00 am to 5:00 pm
Fax No. (253) 876-3082



Youth Facility



CALLING ALL YOUTH

The Youth Facility is welcoming all youth between the ages of 5-18 to join our program. The Youth Facility is open Tuesday through Saturday after school and in the evenings. We offer a variety of activities every day from arts & crafts to recreational games to cultural activities. We also offer homework time every weekday to help you with your homework problems. In addition we regularly go on off site field trips and have monthly Family Fun Nights. All you have to do to join the fun is stop in and fill out an enrollment packet, and let the fun begin!

For any questions please call us at 253-876-3383.

MIT YOUTH FACILITY
38624 172nd Ave. SE
Auburn, WA 98092
Phone: 253-876-3383

...because we care.



Photos from Head Start



Old Family Photos from Doug Moses



FOUR GENERATIONS. Doug Moses with daughter Carma Moses-Oliver, father Arthur Moses, and grandsons Johnny and Jordan.



Lucinda Lobehan Moses and Isabelle Lobehan McJoe, 1924



Arthur Donald Moses, Lucinda Lobehan Moses, George Ross, Lottie James Fenton and Gerry Williams

MUCKLESHOOT YOUTH FACILITY

>> Hours of Operation

- SUNDAY: Closed
- MONDAY: Closed
- TUESDAY: 12:30-9:00pm
- WEDNESDAY: 12:30-9:00pm
- THURSDAY: 12:30-9:00pm
- FRIDAY: 3:30pm-12:00am
- SATURDAY: 12:30-9:00pm



MIT YOUTH FACILITY
38624 172nd Ave. SE
Auburn, WA 98092
Phone: 253-876-3383



...because we care.

Cole Buchanan shines at North Olympic Lead Championship Meet

By Tim Tubbs, MTS Athletic Director

Cole Buchanan competed recently in the 1600m (metric equivalent to the mile) at Crescent High School. He represented Muckleshoot Tribal School in the North Olympic League Championship Meet. The League consists of Neah Bay, Clallam Bay, and Crescent; all schools within our 1B classification. MTS is an independent school this year but permitted to compete in this championship event, much like our basketball team did earlier in the year.

Cole placed second among 1B schools and fifth overall. His time of 5:20.11 is a personal best and a school record for the Muckleshoot Kings.

Congratulations to Cole and Coach Angelo Baca on a great performance. I have attached the 1600m event results.

Go Kings!

North Olympic League Championship Meet Wednesday, May 5th, 2010 Crescent High School				
1600 Meters - Varsity - Finals				
Place	Name	Time	School	Grade
1	Brogan Cays	5:07.08a	Sequim	11
2	Ryan Danisiewicz	5:08.40a	Port Angeles	11
3	Brendan Dennis	5:15.91a	Port Angeles	9
4	Connor McKay	5:15.94a	Clallam Bay	10
5	Cole Buchanan	5:20.11a	Muckleshoot Tribal	11
6	Zake Greene	5:30.14a	Neah Bay	8
7	Jesse Wonderly	5:33.52a	Clallam Bay	8
8	Drew Mulder	5:37.86a	Port Angeles	11
9	Josh Basden	5:41.31a	Port Angeles	9
10	Kiano Stoppani	5:44.87a	Sequim	9
11	Will Stevenson III	5:59.25a	Port Angeles	11

Cole Buchanan placed 2nd among athletes within our 1B classification. Port Angeles and Sequim participants compete in the upper classifications.

READING PROGRAM UPDATE

Students Showcase Their Success

Many more reading groups at the Muckleshoot Tribal School Elementary have passed their current reading program and have begun the next higher program! MTS staff honor these student's success by attending a root beer float celebration for students where they showcase their reading success. Students read to their coaches and administrators and then show off their reading award to other staff, community members and their teacher.

State testing is here! Students in grades 3-8 will be testing between May 12th and May 27th. In order to help our students do their best work, families can:

- Make sure students are well rested by getting lots of good sleep at home
- Tell students to try their best
- Feed students healthy meals and snacks on testing days
- Talk to their students about how testing is going
- Praise students for a job well done

The end of the school year will bring excitement and joy for staff and students as we celebrate our accomplishments. This has been a fantastic year! Students are challenged to continue to work hard to finish their reading and math for the remainder of the year.

Happy Reading,

Sadie Pritchard



Kiana Aho, Cecelia Williams, Mercedes Redding and Azela Weed



Jeffrey Ames



Kalani Thompson, Eris Ambriz Johnson and Ayana Rodriguez

Muckleshoot Tribal School THIRD QUARTER AWARDS

High School High Honor Roll

3.5-4.0
Sylvia Agaton
LaTana Baker
Stanley Bluehorse III
David Cabanas
Kendra Kahama
Cortney Rodarte
James Ross Jr.
Dana SoHappy
Derek Summers
Eduvijes Tapia
Megan YellowBoy

High School Honor Roll

3.0-3.49
Kendra Bean
Ray Charles
Lee Foulkes
Delijahjan Hunt
Sidney Lazzar
Chris Marquard
Michael McCloud
Sam Sampson
Olivia Sandoval
Lana Tsosie
Phyllis Williams
Sierra YellowBoy

Middle School High Honor Roll

3.5-4.0
Marlin Brown
Jose Mendoza
Shalena Summers

Middle School Honor Roll

3.0-3.49
Jenel Hunter
Seaira Pacheco

High School 90% Attendance or Better

9th grade
Sylvia Agaton
Shatayna Baker
Carlee Eyle
Delijahjan Hunt
Clifford Jansen
Sidney Lazzar
Sampson Sam
Derek Summers
Danny White

11th Grade
Addie Iyall
Stacey Sam
Robert Simmons
Dana SoHappy
Charles Starr
Lana Tsosie

12th Grade
Felix McKay
Silas Miller
Megan YellowBoy

10th Grade

Kendra Bean
Ray Charles
Kalrina Comenout
Dustin Jansen
Kendra Kahama
Deidre Lane-Black
Sierra YellowBoy

Middle School 90% attendance or better

6th Grade
Jonathan Arzate
Marlin Brown
Acey Charles
Shaughnessi Hicks
Tristan John
Katelyn Lozier
Roberto Marrufo
Alexis Mason
Seaira Pacheco
Ralisea Sansom-Jansen
Gloria Simmons
Tyler Snow
LaShawna Starr

7th Grade
Courtney Aho
Patience Daniels
Jose Mendoza
Lucinda Moses

8th Grade
Dakotah Gobin
Jenel Hunter
Shalena Summers

Tribal School Recognizes its Athletes

By Tim Tubbs, MTS Athletic Director

The department of Athletics and Physical Education proudly recognizes some very special students for their goal-setting and school record performances of late.

MTS Track and Field

Cole Buchanan, MTS junior, represented MTS in the 1600m, the metric equivalent of the mile run, at a track meet held Summer on Friday, April 16th. Running in the school's first-ever track and field competition and his first as well, Cole completed the 1600m in 5:35.2. Cole has set the standard for future Muckleshoot track athletes. He hopes to improve his mark and also set the standard in other events. Congratulations to Cole Buchanan and Coach Angelo Baca.

Weight Training

Lee Foulkes, MTS senior, has been participating one of the Weight Training classes offered within the PE Department at MTS. Lee managed to set a school record and personal best in the bench press on Wednesday, April 21st with a lift of 310#. Go Lee!

Recent standardized testing in weight training is measured by national trends and is specific to gender and weight. MTS PE Department tested the Clean and the Bench Press recently and will soon test in the Snatch, Back Squat, and Front Squat. The following students met or exceeded the national standard. Exceeding the standard is listed in caps.

Snatch – Sylvia Agaton, Lee Foulkes

Bench – Cole Buchanan, MICHAEL McCLOUD, LEE FOULKES.

Letter Jackets

Varsity letter jackets in a variety of sports are starting to make a presence at MTS. Athletes proudly represent their school and their personal achievement with the beautiful jackets in school colors. Go Green!

Physical Fitness Performance

The PE department measures fitness performance in five athletic skills whose standards are set by national trends. The following students either met the standard or exceeded the standard (exceeded in caps) in recent testing.

Vertical Jump – Ramon Gonzales, Cole Buchanan

“I”-test – Clifford Jansen, Ramon Gonzales

Standing Long Jump – Ray Charles, Cole Buchanan

Medicine Ball – Stevie Courville, Shatayna Baker, Lee Foulkes, Shaundrea Charles, Sylvia Agaton, Ray Charles, Dondi Courville, Lareciana Broussard, KENDRA KAHAMA, MICHAEL MCCLOUD, COLE BUCHANAN.

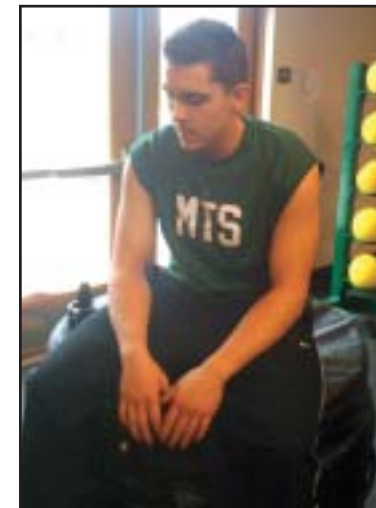
40 yard dash – none as yet.

Congratulations to all MTS students for remarkable achievement. There are many more exciting moments ahead.

Go Kings!



Latana Baker



Cole Buchanan



Lee Foulkes



Silas Miller

MUCKLESHOOT HOSTS 35TH ANNUAL NORTHWEST INDIAN YOUTH CONFERENCE



The 35th annual Northwest Indian Youth Conference was held April 7 – 10 at the Seattle-Tacoma International Airport Doubletree hotel with an astounding presence of over 100 participating Muckleshoot youth and over 500 youth from neighboring Tribes throughout the Pacific Northwest.

Muckleshoot Tribal Chairman Virginia Cross opened the conference with a welcoming speech at 5 PM on Wednesday, and Robert Simmons also gave a warm welcome to kick things off on opening day.

On Thursday morning our guests received a warm welcome from the Muckleshoot Indian Tribe's Veterans Color Guard, represented by Sonny Bargala and Joe Lewis.

The conference keynote speakers and presenters spoke of teachings surrounding this year's theme, "Modern Day Warriors: Being a Native Youth in the 21st Century."

Our very own Valerie Segrest, Madrienne Selgado and Warren King George had important reflections to share with the participants. Emcee One kept the youth entertained and engaged throughout the conference with his unique mixing style and quirky jokes.

Celebrity guests Vaughn EagleBear, Dr. Tonemah, Chaske Spencer, Wes Studi, Hattie Kauffman and Patrick D. Shining Elk made special appearances as well.

During the NWIYC 2010 conference, we held a cultural gift exchange,

displayed the youth group Elders Photo Gallery project, had a successful and entertaining talent show, an essay contest and a short film festival.

The College Fair was represented by 23 colleges, universities, community colleges and trade schools from Canada, Washington, Oregon, Idaho, and Montana and was highly popular with our Native youth. The Savage Family had an amazing presentation that was a favorite with many youth.

One of the highlights of the event was the special appearance on Saturday by the Muckleshoot Canoe Family and other invited Canoe Families. They shared songs, danced and introduced the viewing of Muckleshoot's award-winning feature-length documentary film, *Pulling Together*.

The closing ceremonies were filled with announcements, award winners, including James Cross, Jr. and Sylvia Agaton being recognized for their design of the conference logo; Kallie Starr, for her speech and fun entertainment.

Mr. NWIYC 2010 went to Donovan Nysti (Colville) and Miss NWIYC 2010 went to Seirra Wilson (Lakota). Congratulations to all the NWIYC 2010 award winners!

On the last night of the conference, a seafood dinner was catered by the Muckleshoot Casino and Sponsored by the Muckleshoot Indian Tribe.

Next year the 36th annual Northwest Indian Youth Conference will be hosted by the Confederated Tribes of Colville and at this year's conference it was voted that the Kalispel Tribe will be honored to host the event in 2012.

Overall, NWIYC 2010 was a huge success and we want to thank all the youth who participated and thank everyone who supported the event.

Thank You to All Who Helped Make NWIYC 2010 a Success!

Sometimes, "thank you" seem like such small words, yet they are so important. It is difficult to know if they truly convey the intense level of gratitude that I feel to each one of you that worked so hard on the Northwest Indian Youth Conference. Though it may be a long message I want to thank each of you.

Teri Masters and Sarah Dogeagle, Conference Planning Team – None of this would have happened if it had not been for your hard work, imagination, and dedication to the work of bringing all the pieces together. Teri, thank you for all that you did, for being there every day for being a problem solver and doing it with such grace and calm.

Youth Advisory Committee – What a super job they did. Personally, I think a pizza party is in order!

Chaperones Mike John, Donald Dorsey, Larry Goncalves, Walter Bradley, Kelvin Frank, Rachel Heaton, Sarah Dogeagle, Wendy Lloyd and Janet Emery – You all were absolutely amazing. Each of you demonstrated grace, a sense of humor, team work, dedication to the youth, real concern and compassion and *an amazing ability to go without sleep!* Each of you brought something special to the team and I cannot thank you enough for your willingness to do this job.

CONFERENCE STAFF

Krystal Adolph – Thanks for the great work with the registration process. Also, thank you for your work with the youth on Saturday night.

Sonny Bargala and the Veterans Color Guard – Thank you all for supporting the conference by assisting with the important protocol aspects of the conference. The posting and retiring of the colors provided solemnity and remembrance to the youth by remembering the sacrifices of the veterans from their communities.

Aggie Moses, Antoinette and Mary from the Tribal School – Thank you all for helping us keep the youth safe and on track with attending the conference workshops. Holding individuals accountable for their behavior is often a difficult and thankless job. Thank you for taking on this task.

Job Corps: Henry Miller, Wilfred Starr and Zach Valles – You guys were true heroes for the chaperones. By giving up your weekend, it allowed the chaperones to get even two hours more rest at night. Four or five hours of sleep doesn't seem like much more than two or three hours, but I assure you it feels like a lot more!

Annie Moses, Sandi Culbertson, Delilah Lezard and Denise Haynes – It is impossible in an endeavor like this to think of all of the things that may need to be done. Thank you all for being there to do those things...for being willing to do whatever was needed. It was great knowing we could depend on you all for anything.

Mike Starr and Sonny Miller – Thanks for taking care of our transportation. We really appreciate you getting up early on Sunday morning so that we could get everyone home, safe and sound.

Conference Staff Shelly Reynolds, Angel Melendez and Josie Benito Clancy – Thank you to another team of folks willing to do whatever was needed to make the event a success. Angel, Josie and Shelly in particular your assistance with the registration table was a great service and helped get everything off on the right foot.

Rebecca Gallogly
Education Division Director



CELEBRITY GUESTS. Seated L to R, stand-up comic Vaughn Eagle Bear; actor Wes Studi (*Avatar, Into the West, Dances With Wolves*); actor Chaske Spencer (*New Moon Wolf Pack*); actor/stuntman Patrick Shining Elk; and TV journalist Hattie Kaufmann of the CBS *Early Show*.



Hattie Kauffman and kid sister, Claudia.



Hattie Kauffman, at right, greets a conference participant.



Hot-tubbing!



Chaske Spencer



MIT Chairman Virginia Cross welcomes conference participants.

LOCAL AUTHORS DELIVER BOOKS TO TEEN READERS AT TRIBAL SCHOOL

MUCKLESHOOT – Local authors and founders of the online book community "readergirlz" distributed over 300 books to middle and high school students at the Muckleshoot Tribal School on April 15. Across the nation, Operation Teen Book Drop delivered 10,000 new books to teens on Native Reservations and Tribal Lands, an event that coincides with Support Teen Literature Day.

In addition, more than 100 top young adult authors left their books in public places for young readers to discover, and members of the public can buy books online and have them shipped to tribal libraries.

The books, valued at more than \$175,000, were donated by publishers. "These publishers have shown astounding vision and generosity by supporting Operation Teen Book Drop," said readergirlz cofounder Dia Calhoun, an award-winning novelist herself. "Now underserved teens can benefit from the current explosion of high quality YA books. These teens can see their own experience, their tragedies and their triumphs in these books, books that become shining doorways to the young human spirit."

A nationwide effort of authors, publishers, librarians and readers

In its third year, Operation TBD is part of a massive effort by librarians, young adult authors, and avid readers to spur reading on a nationwide scale. The day aims to encourage teens to read for the fun of it.

The effort is coordinated by readergirlz, the Young Adult Library Services Association, GuysLitWire, and a new partner, If I Can Read, I Can Do Anything, a national reading club for Native children.

More than 100 young adult authors—including David Levithan, Sara Zarr, and Cynthia Leitich Smith—are participating by leaving copies of their books in public places for teens to find.

Teens and other fans of YA literature are also invited to "rock the drop." GuysLitWire has created a wish list of 750 books that supporters can buy from Powells.com. Beginning April 7th, these purchases can be made and sent directly to one of two tribal school libraries, Ojo Encino Day School or Alchesay High School.

In 2008 and 2009, the groups coordinated the delivery of 20,000 new books to teens in hospitals.

"Operation TBD was originally conceived with the hope of reaching a number of teen groups," rgz co-founder Lorie Ann Grover said. "While we donated books to hospitalized teens for two years, I was personally compelled to donate books to the local Muckleshoot Indian Tribe. We were thrilled to discover we could broaden this effort with If I Can Read and gift TBD to our second targeted group, Native teens."

"By making Operation TBD part of Support Teen Literature Day, YALSA and its partners help raise awareness of the importance of teen literature to all teens," said Linda W. Braun, YALSA President. "Our thanks to the pub-

lishers, If I Can Read I Can Do Anything, readergirlz and Guys Lit Wire for joining us in supporting such a worthy cause."

Participating publishers this year include Abrams Books; Bloomsbury/Walker Books/Candlewick Press; Chronicle Books; Hachette Book Group; Boyds Mills Press; Houghton Mifflin Harcourt; Milkweed; Mirrorstone Books; Orca Book Publishers; Scholastic; Simon & Shuster Children's Publishing; Tor/Forge/Starscape/Tor Teen/ Roaring Brook Press, an Imprint of the Macmillans Children's Publishing Group; and Better World Books.

Everyone who participates in Operation TBD is invited to celebrate at the TBD Post-Op Party on April 15 at the readergirlz blog: <http://readergirlz.blogspot.com>.

About Support Teen Literature Day

In its fourth year, Support Teen Literature Day is April 15, 2010, and will be celebrated in conjunction with ALA's National Library Week. Librarians across the country are encouraged to participate in Support Teen Literature Day by hosting events in their libraries. The celebration raises awareness that young adult literature is a vibrant, growing genre with much to offer today's teens. Support Teen Literature Day also seeks to showcase award-winning authors and books in the genre, as well as highlight librarians' expertise in connecting teens with books and other reading materials. http://wikis.ala.org/yalsa/index.php/Support_Teen_Literature_Day

About the Young Adult Library Services Association (YALSA)

For more than 50 years, YALSA has been the world leader in selecting books, videos, and audiobooks for teens. For more information about YALSA or for lists of recommended reading, viewing and listening, go to www.ala.org/yalsa or contact the YALSA office by phone, 800-545-2433, ext. 4390. www.ala.org/yalsa/

About GuysLitWire

Guys Lit Wire brings literary news and reviews to the attention of teenage boys and the people who care about them. Working to combat the perception that teen boys aren't as well read as teen girls, the organization seeks out literature uniquely targeted toward teen male readers in hopes of bringing attention of good books to guys who might have missed them. <http://guyslitwire.blogspot.com/>

About If I Can Read, I Can Do Anything

If I Can Read, I Can Do Anything is a national reading club for Native children directed by Dr. Lorie Roy. The program works to encourage reading among Native children by offering incentives, sending books to schools, and sponsoring activities. For more information, visit the If I Can Read, I



Standing in the back from left to right (after the Jacob Black cut-out): First Row: Dondi Courville Jr., Justina Chen Headley (author of *North of Beautiful and Overboard*), Dia Calhoun (author of *Avielle of Rhia and Aria of the Sea*), Lorie Ann Grover (author of *Hold Me Tight and On Pointe*), KCLS Teen Librarian Rachel McDonald, Alyssa Vaiese. Second Row: Felix McKay, MTS Librarian Sherri Foreman, Angeleka Bennett-Esparza, Third row: Leticia Lozier, Alexis James, Teya Hicks,

Can Do Anything home page at <http://www.ischool.utexas.edu/~ifcan>.

About readergirlz

readergirlz is the foremost online book community for teen girls, led by critically acclaimed YA authors – Dia Calhoun (Avielle of Rhia), Lorie Ann Grover (Hold Me Tight), Justina Chen (North of beautiful), Holly Cupala (Tell Me a Secret), Liz Gallagher (The Opposite of Invisible), Elizabeth Scott (The Unwritten Rule) and Melissa Walker (Lovestruck Summer). readergirlz is the recipient of a 2007 James Patterson PageTurner Award and a 2009 Innovations in Reading Prize from the National Book Foundation.

To promote teen literacy and leadership in girls, readergirlz features a different YA novel and corresponding community service project every month, and offers chats with authors and an author-in-residency program for aspiring writers. For more information about readergirlz, please visit www.readergirlz.com and <http://readergirlz.blogspot.com>, or contact readergirlzdivas@gmail.com

Muckleshoot Health & Wellness Service Information

Here is some helpful information from the Registration Department and CHS Office. Keep in mind that everyone that receives services from the HWC are required to provide this information in order to receive services.

When do I need to update?

- #1 Annually
- #2 When you have a change of address (moved).
- #3 When you're Tribal Affiliation has changed.
- #4 When you have a name change~ you need a Legal Document to change name such as: current driver's license, new SS card, marriage certificate, Tribal ID.
- #5 When your insurance information has changed:
 - a) DSHS Medical Coupon~ new or expired
 - b) Private Insurance~ new or expired
 - c) Medicare Coverage (65 & over or disabled) Part A or B and Effective Date

This information is very important because if you have insurance, when you come in for any type of health-related services at the Tribal Clinic that your insurances covers, we will bill your insurance for your visit. When we get paid this money will help provide more services and help to offer more health-related programs. **It is your responsibility to inform us of these changes.** Please provide copies of all insurance coverage.

The process to register or update your registration information:

- #1 A completed yellow Health Care Application, available at the HWC from the Registration Department.
- #2 Verification of your enrollment in a federally recognized Tribe.
 - *Tribal ID Card w/name, birth date, enrollment number.
 - *Certificate of Indian Blood (CIB) -available from your Tribal Enrollment Office or BIA.
 - *Certified Birth Certificate w/parents or grandparents Tribal verification is required to verify descendancy from an parent/grand parent that is/was enrolled in a federally recognized Indian Tribe.
- #3 Verification of actual street address. Only the following items are acceptable address verification – No exceptions. These items must have the actual street address printed on them.
 - Copy of lease from Muckleshoot Housing Authority (w/name on the Lease)
 - Copy of lease from apartment complexes (w/name on Lease)
 - Current electric bill
 - Current water bill
 - Current garbage bill
 - Current phone bill- Cellular phone bills are not acceptable !
 - Current cable/satellite TV bill

For those of you living Tribal housing units, you will be required to have your name on the lease from Muckleshoot Housing or an apartment complexes located within Muckleshoot Reservation Boundaries. MIT Housing leases will type in names for all people on your individual lease, leases that have been altered or names that are hand-written will not be accepted.
- #4 If applicable a copy of the following:
 - DSHS Medical cards
 - Medicare Card w/Social Security Number
 - Private Insurance Cards
 - *Any other Medical Coverage for any and all private insurance you have.

If you have any questions about this information, please call the Registration Department at the HWC (253) 939-6648

Contract Health Services (CHS) Department

Notification Requirements for CHS Health Care Payment:

- #1 Notify the CHS Office before all non-emergency services are rendered to determine eligibility, medical priority of need and to set aside funds to

pay for your care. If you don't call before you receive non-emergent services, the medical bill will be denied by CHS.

- #2 In true medical emergencies notify the CHS office within 72 hours of start of services.

- #3 Prior notification does not guarantee CHS can pay for services unless all CHS requirements are met- such as: eligible for other insurance, the service you requested is not within medical priority or it may be a service that CHS funds can not cover.

IHS and CHS Alternate Resource Requirement

The Muckleshoot CHS program did not make these rules up to make things harder for you. Indian Health Service has federal rules and regulations that we are required to follow since this program is funded by IHS funds. If these rules are not followed, we would run out of money real quick and it is our job to make sure that we can provide you with as much health care as possible with the money we get from IHS.

Muckleshoot CHS is a residual and not an entitlement program. In addition to CHS, other resources for health care are available from various states and federal programs, as well as individual and group health insurance policies. By law, CHS must ensure that all other resources, where applicable, are utilized before CHS can assume financial responsibility for your care.

This means that CHS will not be authorized if you are eligible or would be eligible (if it does not cost you anything) on making an application for an alternate resource such as Medicare (over age 64 or disabled), Medicaid (Welfare), Crippled Children, workman's compensation or have private insurance (through employer) etc... You are required to use these benefits as your first source of coverage/payment for your medical care.

If you have any questions or concerns, please call the CHS office at (253) 939-6648.

Some Helpful Information If You Have Regence Blue Shield Private Insurance

If you have Regence Blue private insurance you need a PO number for each and every medically-related service done outside of the Tribal Health Program. When in doubt, pick up the phone and call, it may save you some money and headaches.

Regence insurance coverage information should be provided to you at the time of your initial HR employee orientation. You may call the HR Department at (253) 876-3135 for this information. AND you may call Regence at 1-800-458-3523 if you have any questions.

If you have Regence/Preferred Plan (PPO):

Individual annual deductible (amount you are responsible to pay) is \$300 per person, \$900 per family for Preferred Plan. Annual deductible per person is \$600 and \$1,800 per family. If CHS eligible you need CHS Office PO numbers for each and every medical visit outside of the Tribal Health Programs – **Regence Blue Shield does not pay for cover anything at 100%, there will always be a patient balance. If in doubt – call the CHS office.**

If you have Regence Traditional Dental

There is no TMJ (temporomandibular joint disorders) any longer under the dental plan, but may be covered under your medical plan. You need to be seen at the Muckleshoot Dental Clinic first, if you need to be referred out for specialty dental care, the dental staff will notify CHS for get a PO number from the CHS office for you. If you decide to go outside of the Tribal dental clinic for services, you will be responsible to pay for any balance after Regence pays.

If you have Columbia Dental HMO Plan:

You can not use the Muckleshoot Dental Clinic; you will have to go to a Columbia Dental Clinic. Locations are in Federal Way, Kent, Tacoma, & Puyallup. If you need the address or phone number for one of these clinics, call the Muckleshoot Health Clinic. As a Columbia Dental Client you are not eligible for a PO Number from the CHS office for copayments at Columbia Dental Clinic office visits. You have chosen to obtain all your dental care from this dental plan, and you are required to follow you insurance guidelines for benefits. **The only time you can change from this plan to the Regence Traditional Dental Plan is at the end of the year, please contact your Human Resources office about this.**

If you have any questions about your Regence Blue Shield plan you can call RBS at 1-800-458-3523 or the CHS office (253) 939-6648.

Thank you for reading this information, and we hope that it has been helpful to you.

Ronette Bailey, Employee of Month: April 2010

Ronette Bailey has been our Medical Social Worker here at the Muckleshoot Health & Wellness Center for almost 6 years. She has become an asset to both patients and staff members in all efforts of delivering outstanding health care.

Ronette serves as a Liaison to patients and their families when faced with hospitalization or home healthcare needs.

She works directly with families to obtain health care coverage when possible and facilitates application processes for State (DSHS) & Medicare coverage.

Many of her coworkers consider her someone that "follows through" in everything that she does.

As a team member of the Medical and Dental Clinic, Ronette works directly with providers and supervisors to coordinate and insure the delivery of care plans that involve patients recovering in their homes or their special needs.

Ronette has always asked "What can I do to help?" She works diligently everyday to support tribal members and is very persistent in getting all available resources for our Tribal & community members.

We are proud of Ronette as an individual as well as one of our staff members. She has strong work ethics as is respected by everyone

GOOD JOB Ronette!!!



Ronette Bailey

Having a problem with pain pills? Does your life revolve around pills?

If pills control you instead of you controlling the pills.....
Suboxone (Sub-ox-own) referrals and treatment now available
@ HWC!

Help for prescription pain medication dependence is now being offered through the Health and Wellness Center. Suboxone is also used in the treatment of other opiate-based or synthetic opiate drug dependence. These drugs include: Oxycodone/Oxycontin, Hydrocodone, Vicodin, Heroin, and Morphine.

SUBOXONE is the first opioid medication approved under Drug Addiction Treatment Act (DATA) 2000 for the treatment of opioid dependence in an office-based setting. The primary active ingredient in SUBOXONE is buprenorphine.

SUBOXONE at the appropriate dose can:

- Reduce illicit opioid use
- Help patients stay in treatment
- Suppress symptoms of withdrawal
- Decrease cravings for opioids

The Health and Wellness Center has a medical provider licensed to prescribe suboxone.

**For more information please contact Behavioral Health
at
(253) 804-8752**

"Your Suggestions Count"

The Muckleshoot Health & Wellness Center offers "suggestion boxes" where guests can fill out forms to share thoughts, comments or suggestions. The purpose of these forms is to help us improve the quality of services offered to the community. These forms are not "incident reports", but rather confidential and private opportunities to share your thoughts on what we are doing well or on ways we might improve.

The suggestion boxes are located in each reception area and the main lobby of the building. The feedback forms are located next to the boxes. The boxes are checked at least twice a month by the Facilities Secretary and then delivered directly and confidentially to the appropriate department manager. Suggestions are then discussed privately at Quality Improvement committee meetings.

If possible, please provide contact information on the suggestion form so the appropriate manager can contact you to address your particular suggestion or area of concern. Again, this would be a confidential and private conversation.

We want to hear from you. Please take a moment to stop by the Health & Wellness Center and fill out a suggestion form today. Your thoughts matter!

Thank you

Help in Quitting Smoking!



The Muckleshoot Health & Wellness Center uses and endorses the **Washington State Quitline** to assist in stopping smoking.

Call 1-800-QUITNOW for free and effective help in quitting smoking.



**Women's Cancer
Survivors Meeting**
EVERY TUESDAY
6:30 to 7:30 PM
RIVER ROOM

Muckleshoot Health & Wellness Center
All women welcome.
For information call the
Wellness Center
253-939-6648



Health & Wellness Center Program Hours

	Pharmacy	Wellness Center
Monday	8-5 pm	8am-8 pm
Tuesday	8-5 pm	8am-8 pm
Wednesday	9-5 pm	9am-8 pm
Thursday	8-5 pm	8am-8 pm
Friday	8-5 pm	8am-7 pm
Saturday		10 am-2 pm
Sunday	All Programs Closed	

Program Name	Phone No.	Closed-Lunch
Main Number to HWC	(253) 939-6648	12:00-1:00
Behavioral Health (Mental Health & Chemical Dep)	(253) 804-8752	Open
CHS/Registration Office	(253) 939-6648	12:00-1:00
Community Health/CHRs	(253) 939-6648	12:00-1:00
Dental Clinic	(253) 939-2131	12:00-1:00
Medical Clinic	(253) 939-6648	12:00-1:00
Optical Clinic	(253) 939-6648	12:00-1:00
Pharmacy	(253) 333-3618	Open
Physical/Massage/Acupuncture	(253) 333-3620	12:00-1:00
Recovery House	(253) 333-3629	Open
Wellness Center	(253) 333-3616	Open
WIC Thurs Only	(253) 939-6648	12:00-1:00

Health & Wellness Center Program Closures for June & July 2010

Day	Date	Times Closed	Reason for Closure
Monday	May 31 st	All Day	Holiday -Memorial Day
Thursday	June 3 rd	8-9:30	Monthly All Staff Meeting
Monday	July 5 th	All Day	4 th of July Holiday Observed
Thursday	July 8 th	8-9:30	Monthly All Staff Meeting

ARE YOU IN TREATMENT & RECOVERY FOR CHEMICAL DEPENDENCY?

ACUPUNCTURE CAN HELP YOUR OTHER TREATMENTS WORK EVEN BETTER.

IF YOU HAVE PROBLEMS LIKE THESE:

- ANXIETY
- INSOMNIA
- CRAVINGS
- DEPRESSION
- LOW ENERGY
- POOR MEMORY



GIVE ACUPUNCTURE A TRY. IT IS RELAXING AND PAINLESS.

Hours: Tuesday & Wednesday 8am – 5pm
Physical Therapy Department/Health & Wellness Center

(253) 333-3620

Healthy Bites

Top 10 Tips for Successful Healthy, Mindful Eating:

1. Drink a glass of water before each meal and plenty throughout the day
2. Eat within 2 hours of waking up, don't skip breakfast
3. Eat small meals and snacks throughout the day
4. Take mini-breaks every hour to get up and move
5. Never eat in the car or in front of the TV
6. Keep plenty of fruits and vegetables around for snacks; wash and bag them to take on-the-go
7. Assess hunger before you eat anything
8. Don't schedule activities that interrupt mealtime, it will just be more tempting to eat on the go
9. Eat slowly, it takes 20 minutes to realize you are full
10. Don't keep food visible, besides fruits or vegetables this will reduce snacking when you are not hungry



Call for more information and a laminated pocket guide - Muckleshoot Health Wellness Contacts:

Colleen Crossett, Registered Dietitian
Brent Grider, Health Education Specialist
253-939-6648

The Optical Department at the HWC!



The eyeglass benefits are the same as they've always been. One comprehensive eye exam once every 12 months. New lenses once every 12 months. Adults eyeglass frames once every 2 years/children 2 per year.

If you are not eligible for the frame allowance, you will be allowed to purchase the frames at a very reasonable price. (Believe me there is a significant mark up when you buy frames in town/private practice!). No eyeglass benefits will be approved outside of the MHWC optical department. We are also offering contact lenses and necessary supplies for contacts.

The Optical Department is a Tribally-owned business. Patients must meet CHS eligibility requirements to get optical services. CHS eligible patients will need to obtain a PO from the CHS office before getting optical services.

For more information, please contact the CHS Office – (253) 939-6648. Optical Department open regular HWC business hours.

Grief is painful and at times the pain seems unbearable, now is the time to seek support!

Grief and Loss Support Group

with Dr. Sarlak
@ the Muckleshoot Health & Wellness

Behavioral Health Program

Every Thursday

5:00 pm – 6:30pm

Open for everyone, please call

Muckleshoot BHP for further questions.

253-804-8752

CONTRACT HEALTH SERVICE (CHS) NOTIFICATION REQUIREMENTS

CHS OFFICE (253) 939-6648

1. Notify CHS office before any non-emergent services are rendered to determine patient eligibility, medical priority and to set aside funds for payment. Pre-authorization is mandatory and failure to comply is reason for denial of payment for claim(s).
2. In true medical emergencies, notify the CHS office within seventy two (72) hours of start of services. Failure to comply is reason for denial of payment of claim(s).
3. Prior notification does not guarantee CHS pay for services, unless all other CHS requirements are met. There are some services CHS can not cover.

ALTERNATE RESOURCE REQUIREMENTS:

Muckleshoot CHS is a residual resource and not an entitlement program. In addition to CHS, other resources for health care are available from various state, and federal programs, as well as individual and group health insurance policies. By federal law, CHS must ensure that all resources, where and when applicable, are utilized before CHS can assume financial responsibility for your care.

This means that CHS will not be authorized if you are eligible or would be eligible upon making an application for an alternate resource such as: Medicare (over age 65 or disabled at any age), Medicaid (medical coupons), crippled children or have private insurance etc. Failure to comply with a CHS office referral to an alternate resource will terminate your CHS coverage. You are required to use these benefits as your first source of payment of your medical-related costs.

The CHS office is required, as per IHS Federal Rules and Regulations, which requires all CHS denials to patients be sent by certified mail to the address on file.

ATTENTION TRIBAL MEMBERS

Bank of America now only requires 1 piece of ID to cash Per Capita checks. This can be your Tribal ID or any other state issued ID.

Please note: All other checks issued by the Tribe still require 2 pieces of ID.

(Scholarship, Reimbursements, Senior Monthly, etc)



Please let other Tribal members know of this change. If you have any questions, you may contact Heather Evans at 253-876-3189.

BEHAVIOR HEALTH PROGRAM ANNOUNCEMENT:

The Behavioral Health reception window is now open throughout the lunch hour (12:00 to 1:00 pm) so that we will be better able to serve our clients and the community. Please feel free to stop by to schedule appointments and to drop off/pick up paperwork. If you have any questions, please call us at: (253) 804-8752



PHOTO BY BILL FLEET

**Muckleshoot
Recreation
Youth basketball
tournament**

**May 15th and 16th,
2010**

**Age groups are 12 & under,
10 & under, and 8 & under**

**First six (6) teams for each
age group are welcome**

Entry fee \$75.00

**For more information please
contact**
Mike Starr: (253) 261-1764
or at (253) 876-3303
**Greg Harrison:
(206) 313-1361**

KID PROOF HUH?




These were found on a seven-year-old child on this reservation! This child is only imitating what they have seen by an adult. When asked what they were, they responded by saying that they were "candy" and that was all that they had to keep them in! And it was his candy, but did you know that these are identical candies to the uncontrollable prescription drug pandemic that we have in our community now? The prescription pills are being called "candy" "skittles" "subs" amongst other names by both the dealers and the users. This child was also able to describe the way these candies/prescription pills are used/smoked by an adult.

Is this the traditional way to raise our children? What an example, children are just not taking "toys" to school anymore for Show-n-Tell, better start watching them a little Closer!

~ A Concerned Tribal Community Member


**24-HOUR CRISIS LINE
1-866-4-CRISIS**




**Women's Cancer
Survivors Meeting**
EVERY TUESDAY
6:30 to 7:30 PM

RIVER ROOM

Muckleshoot Health & Wellness Center
All women welcome.
For information call the
Wellness Center
253-939-6648



 **Notice:**

In an effort to better serve you better, we are making some changes to the walk-in clinic and medication refill guidelines. These changes took affect *Dec. 15th, 2008* and include:

- Walk-in Clinic at 1 pm M-F will be seen based on medical need—not on a first come, first serve basis.
- Patients presenting for walk-in will be checked on their Registration status. If necessary, you will need to update your application.
- The walk-in clinic will no longer be used for pain medication refills. Please see your provider for refills.
- Lost or stolen narcotics will no longer be refilled.

Thank you in advance for your cooperation as we continue to look for ways to improve our services for you and your family.

Massage Therapy
30 min. appointments

*Two 30 minute
massage appointments
Now Available Daily!!!

*Same day appointments often
available!

*Great for stress relief

*All eligible members welcome

Muckleshoot Massage Therapy
Mon - Friday 8am - 5pm
Closed 12 - 1 daily for lunch
253-333-3620

**Notice to All CHS
Eligible Patients**

If you received a PO from the CHS office and now you are receiving a medical bill or statement, please bring them to the CHS office for review. This will ensure timely payment to your provider.

As always, you must obtain a PO # prior to your medical appointment and call us if you cancel or reschedule your appointment.

CHS Office Hours:
Monday – Friday, 8am – 5pm
Closed for Lunch 12pm – 1pm
Phone: 253-939-6648


Important Phone Numbers

Emergency - 911

NON EMERGENCY- 206 296 3311-
If you need the on duty deputy to call or contact you.

KCSO/MITPD Office -253 876 3246- Administrative questions

Silent Witness- 253 876 2850 – Anonymous tip line



The Community Emergency Response Team (CERT) Program educates people about disaster preparedness for hazards that may impact their area and trains them in basic disaster response skills, such as fire safety, light search and rescue, team organization, and disaster medical operations. Using the training learned in the classroom and during exercises, CERT members can assist other in their neighborhood or workplace following an event when professional responders are not immediately available to help. CERT members also are encouraged to support emergency response agencies by taking a more active role in emergency preparedness projects in their community.

CERT TRAINING
May 17th, 18th, and 19th

Class will be held at the Health and Wellness Center in the Mountain Room. Class time is from 9am to 5pm, and lunch will be served. It is important you are there all three days to receive certification. If you are interested please contact Shanon Hamilton by email or call 253-876-3247 to sign up.

Youth Family Planning Resources

The following area services are available for teens and youth:

Teen Clinic at Auburn Public Health
Location: 20 Auburn Ave. (at 1st & B St.), Auburn, WA 98002 (across from the hospital)
Phone: (253) 833-8352

Times: Walk-in Clinic is on Tuesdays from 1-5 pm (check-in begins at 12:30). Patients are seen on a first come, first serve basis. For any other days or times, call ahead for same day or next day appointments.

Cost: Low cost or free. You may be eligible for some free insurance called *Take Charge*. Medical coupons are also accepted.

Services: birth control, family planning, STD checks, pregnancy testing, HIV testing, Pap test & annual exam, counseling, etc. Services are available for youth through age 21. Most teens receive free family planning through the *Take Charge* program.

***All services are confidential. Parental consent is not required.*
Transportation: Busses—152, 154, 180, 181, 915, 917, 919, 564, 565

Cedar River Clinics
The above services are also available through the Cedar River Clinics.

Locations:
4300 Talbot Rd. S. #403, Renton, WA 98055
1401-A Martin Luther King Jr. Way, Tacoma, WA 98405
Phone: 1(800) 572-4223 or (425) 255-0471

Online: www.CedarRiverClinics.org

Email: outreach@CedarRiverClinics.org

Birth Control Comparison Information: www.Birth-Control-Comparison.info

Sex Education Information Online: www.sexetc.org (a web site by teens for teens); www.iwannaknow.org (answers to questions about teen sexual health); www.scarleteen.com (sex education information)

***All services private and confidential*

Kent Teen Clinic
Location: 613 W. Gowe St., Kent, WA 98032
Phone: (206) 296-7450

**Serves youth through age 20*
***All services private and confidential*

**NOTICE REGARDING CHILDREN'S
GIFT CARDS**

This is a notice to tribal members who have direct deposit that their children's gift cards will be distributed on the first two days of per capita in December. The last opportunity will be on the following week on Tuesday 12/14. This notice will be published every month until November.

Mammograms Offered at Health & Wellness Center

PHOTOS BY JOHN LOFTUS

The Swedish Breast Care Express made a visit to the Muckleshoot Health and Wellness Center on Tuesday, April 20, 2010. The traveling unit, which fits in a semi trailer, is a fully-operational diagnostic imaging lab specializing in mammograms.

The Muckleshoot Health Division made the visit into a fun occasion, offering a healthy buffet, a bouquet of roses and a fluffy pink bathrobe to all of the women that participated.

A large number of community members took advantage of this opportunity, many of whom had never had a mammogram before. The idea might've seemed a bit scary to some, but they knew it was something they should do, and so they came – many with their sisters, moms or aunts – and everyone had a good time while doing the right thing for their health.



New Beginnings Program



"Take the Journey to a Better You"

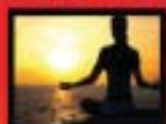
"Our program gives you the tools you need to help you make the permanent changes you always have wanted. It is time for you to start your NEW BEGINNING!"

Signing members up now!!



New Beginnings is a healthy lifestyles program which features a holistic individual approach to fitness, nutrition, behavioral health, and medical supervision.

- 48 week program geared towards achieving a healthier weight and lifestyle
- Conveniently run at the Muckleshoot Health & Wellness Center
- Complimentary service for Muckleshoot and registered CHS natives
- All necessary tools provided for success
- Special medical needs considered



Please contact Patrick Raney at the Wellness Center with any questions and to sign up! patrick.raney@muckleshoot-health.com or 253-333-3616

Muckleshoot's Got Talent!

The Youth Facility is planning to offer a program this summer to all Muckleshoot youth between the ages of 12-18 who are interested in being part of a talent show. We are looking for all interested youth who may act, sing, dance, play an instrument, have a unique talent, or who perform comedy to sign up to take part in this program. This will involve a commitment from all youth who register to attend practice once a week for 4 weeks and then participate in a final performance at the Youth Facility for your family and friends.

If you are interested please sign stop by the Youth Facility today to sign up!

CLIP AND SAVE

BUS TIME SCHEDULE • MONDAY - FRIDAY 12-4 p.m. & 5-8 p.m.

STOP #1	STOP #2	STOP #3	STOP #4	STOP #5	STOP #6	STOP #7	STOP #8
HEALTH & WELLNESS	SENIOR CENTER	VIRGINIA CROSS ED.	OFC	DAVIS PROPERTY	SKOPABSH VILLAGE	32nd ST (Old Break Shop)	PENTECOSTAL CHURCH
12:00 pm	12:03 pm	12:10 pm	12:17 pm	12:27 pm	12:32 pm	12:37 pm	12:41 pm
1:00 pm	1:03 pm	1:10 pm	1:17 pm	1:27 pm	1:32 pm	1:37 pm	1:41 pm
2:00 pm	2:03 pm	2:10 pm	2:17 pm	2:27 pm	2:32 pm	2:37 pm	2:41 pm
3:00 pm	3:03 pm	3:10 pm	3:17 pm	3:27 pm	3:32 pm	3:37 pm	3:41 pm
5:00 pm	5:03 pm	5:10 pm	5:17 pm	5:27 pm	5:32 pm	5:37 pm	5:41 pm
6:00 pm	No Pick-Up	6:10 pm	6:17 pm	6:27 pm	6:32 pm	6:37 pm	6:41 pm
7:00 pm	No Pick-Up	7:10 pm	7:17 pm	7:27 pm	7:32 pm	7:37 pm	7:41 pm
8:00 pm	No Pick-Up	8:10 pm	8:17 pm	8:27 pm	8:32 pm	8:37 pm	8:41 pm

NOTE: SUBJECT TO CHANGE DURING ADVERSE WEATHER AND UNSCHEDULED SERVICE DISRUPTION (PLEASE NOTE: THE BUS WILL PICKUP AND DROP OFF AT DESIGNATED STOPS ONLY)

PER CAPITA INFORMATION

For all per capita related questions or concerns please contact Heather Evans at 253-876-3189. If she does not answer please leave a message or if urgent please call Tammy Byars at (253) 876-3139.

EASTER IS CELEBRATED AT MUCKLESHOOT PENTECOSTAL CHURCH

Photos and text by Margaret Burnett

The Pentecostal Church celebrated Easter this year with an Easter service, the annual Easter egg hunt, and dinner.

It wasn't a beautiful sunny day like some Easters have been, but the weather was good enough to hide the eggs outside. After the eggs were gathered in, the kids took turns going into a gift room to select the gift of their choice.

The celebration finished up with a dinner/potluck, with the church providing the meat, and those who could contributing the side dishes. Thank you to all those who helped make this a good day.

Hallelujah! Jesus is risen!



Muckleshoot Pentecostal Church

Kenny Williams, Pastor

SCHEDULE

Sunday	10:00 AM	Prayer
	10:30 AM	Breakfast
	11:00 AM	Church Service
	12:00 Noon	Share (Potluck) Meal
	2:00 PM	Church Services/Classes
Tuesday	12:00 Noon	Prayer Meeting
Wednesday	7:00 PM	Bible Study
Thursday	12:00 Noon	Support Group Meeting
Thursday	7:00 PM	Spanish (language) Church
Friday	7:00 PM	Prayer Meeting
3rd Saturday	10:00 AM	Prayer Meeting

THIS IS A DRAFT MAP OF THE ROUTES THAT WILL BE TAKEN ON THIS YEAR'S CANOE JOURNEY, WHICH IS BEING HOSTED BY THE MAKAH TRIBE.

CANOE JOURNEY 2010 (Draft)

Planned Routes

- Land Transport
- Puget Sound
- Puget Sound (South)
- Washington Coast
- West Vancouver (North)
- West Vancouver (South)
- East Vancouver (North)
- East Vancouver (South)
- (Unassigned)

WARNING: ALL INFORMATION INCLUDING ROUTES, DATES AND LANDINGS ARE SUBJECT TO CHANGE WITHOUT NOTICE.
DO NOT RELY ON THIS GUIDE AS AN ACCURATE ITINERARY.

MUCKLESHOOT INDIAN TRIBE
39015 172nd Ave SE
Auburn, WA 98092
Phone: (253)876-3327
Email: grant.smerwa@muckleshoot.nsn.us

1 in = 10 miles

was prepared utilizing ArcGIS 9.3.1, Geographic Information System software produced by ESRI, Environmental Systems Research Institute, Redlands, CA.

Calling All Softball Players

In Memory of Bill Anderson SR

Softball Tournament

July 16-18 2010

- ALL INDIAN-NO TOKEN
- COED-OPPOSITE HAND
- Entry Fee
- Muckleshoot Ballfields
- Awards for 1st-4th places
- Allstar-MVP-Best 1st Basemen
- \$100 deposit to save your spot

- Opposite hand
- 30" Bat
- One Ball
- First 12 teams

For more information please contact
Richard (Guts) Penn SR
 253-709-9319
 Or
Mike Starr SR
 253-261-1764

WANTED

Your gently used books, CD's and DVD's
For the Muckleshoot Library's Annual Book Sale

Please bring your materials to the Muckleshoot Library at
39917 Auburn Enumclaw Road SE

DOCKYARD DERBY DAMES

SEASON FOUR

2010 BOUT DATES

MAY 22 - Bout 3
FOSS WATERWAY SEAPORT 705 DOCK ST. TACOMA, WA

JUNE 26 - CHAMPIONSHIP BOUT
FOSS WATERWAY SEAPORT 705 DOCK ST. TACOMA, WA

ALL-STAR TEAM BOUTS
@ PIERCE COLLEGE 9401 FARWEST DR. SW LAKEWOOD, WA

JULY 24, AUGUST 28, SEPTEMBER 25, OCTOBER 23

DOCKYARDDERBYDAMES.COM

Muckleshoot King County Library Hours

Monday-Thursday 10am-9pm
 Friday 10am-6pm
 Saturday 10am-5pm

May & June 2010 Events at the Muckleshoot Library

39917 Auburn Enumclaw Road, Auburn, WA 98092
253-931-6779

Story Time
Stories and Strings
 Wednesday May 26, June 2, 9, 16 at 11:00am
Description: Please join us for stories, sing-alongs and other fun activities.

Computer Classes
 Looking to sharpen your technology skills? If you're interested in attending a class, please call 253-931-6779.

Computer Basics - Tuesday - May 27 - 6:00pm

Description: Practice the skills necessary for using a computer; including using the mouse, selecting items and text, arranging windows, browsing the Internet and library catalog.

Tutoring
Study Zone - Tuesdays, May 18 & 25 - 5:00-7:00pm
Description: Drop-in during scheduled Study Zone hours for free homework help from volunteer tutors.

Special Children's Program

Kerplunk! - Wednesday, June 23, 2010 - 10:30am
Description: Have beach party fun when you can hang-ten with some fine, flipper friends. Meet Marilyn the marvelous Manatee, go slip-slidin' and surfin' with Seymour the Sea Lion and dive and dance with Doris the Dolphin. Songs, celebration, puppets and more!

H & R BLOCK OFFICE CLOSED FOR THE SEASON

The H & R Block tax office in the Phillip Starr Building has closed as of April 16th. All the files from that office have been moved to the Auburn Main H&R Block office, at 2 Auburn Way North. If you need further tax information or assistance, please call the Auburn Main H & R Block office at: 253-939-1830. The office will be open to serve clients on Tuesdays and Thursdays from 10:00 AM to 5:30 PM (closed for lunch from 1:00 - 2:00 PM).

Muckleshoot Senior Center Monthly Newsletter

May 2010



Muckleshoot Elders Newsletter

SENIOR CENTER

2010 ELDERS LUNCHEON
Thursday, May 27th
11:00-3:00

Muckleshoot Pentecostal Church

Craft Tables Available please call to reserve

With entertainer Danny Vernon as "Elvis Presley"

If you have any questions feel free to call Noreen Milne at 253-876-3023 or Lydia Butler Smith at 253-876-3255

BIRTHDAY'S IN MAY

David Hennes 05/01	Bernie Lewis 05/13	Marvin Starr 05/25
Daulene Pinkerton 05/02	Mary Ross 05/14	Vicki Watson 05/25
Elizabeth James 05/04	Rudy Moses 05/15	Arthur Matta 05/26
Ruth Charles 05/05	Ellie WhiteEagle 05/16	Maria Carranza 05/26
Wesley LaClair 05/05	Bev Moses 05/16	Marie Johnson 05/28
Bonnie Graft 05/06	Chuck Thompson 05/16	Fred Patterson 05/28
Fred Nelson 05/08	Virginia Johnson 05/17	Mike Westland 05/29
Regina Bocatch 05/10	Robin Rivera 05/17	Martin Starr 05/30
Rose D'ambrosio 05/11	Barry Anderson 05/18	Nathan Barr 05/31
Ben WhiteEagle 05/11	Penny Anderson 05/18	
Luella Sandovol 05/12	Isabelle Gleason 05/19	
George Barr 05/12	Peachie Ungaro 05/20	
Nick Mosqueda 05/12	Ivy Yanish 05/22	
Rosie Anderson 05/13	Charles Durham 05/25	



THANK YOU

A BIG Thank You to our Elders & Staff that have worked so hard to get the gifts ready for the 2010 Elders Luncheon. Norma R., Hazel & Roland are here every day. Irene K., Jan M., Tom M.,

Leroy A., & Dub S. have been quite a bit and have beaded, worked with Cedar and done some sewing. Mary, Diane, Vickie, Gail, Amy, Joey, and Robin have also taken time out of their busy schedule to put in a

lot of time in the front room working on gifts. We would also like to thank Valerie Segrest for taking time to show our staff how to make Native tea & medicine. We had a great time learning from her.

We here at the Senior Center appreciate our Elders contributing donations for our drawings. All proceeds from the drawings go towards the . . .


Monthly Elder's Breakfast
Saturday, May 29th at 9am
Muckleshoot Casino
To go trays are handed out a 10am

Elders will have a short meeting with the Elders Committee

Please, no children.


Mariners 2010

Come on into the Senior Center and sign up for Mariners tickets. We want all of Elder Baseball fans to have a chance to go to at least one of the baseball games. If you have already gone and would like to be on the back up list, give Noreen a call and let her know. She will let you know ASAP when someone is unable to use their ticket.




Cedar Gathering

We would like to go gather some Cedar at the end of the month and also make a trip up the mountain to gather for Indian Medicine. If you would like to spend the day with us, then please give us a call or drop in and sign up.



Happy Mothers Day
from all of here at the Senior Center



OUR TRAVELING ELDERS

We do have spring trips coming up this month.

Vashon Island Clam digging will be on May 17th. We will be going in June and posting those dates in the next newsletter.



We are going to a Luncheon on May 20th at 7am. We will be going to Yakama and returning the same day.




This years Men's Fishing trip was on the 15th & 16th of April and we had twenty guys go on over to the Columbia River for a two day trip. If you happen to run into one of the guys that went, be sure and ask them how many they caught.



We attended the Lummi basket weaving this year and our Elders did a wonderful job of learning new ways of weaving and basketry





Muckleshoot Tribal Senior Center

Cordially Invites you to attend our

Annual Elders Luncheon


With entertainer Danny Vernon as "Elvis Presley"


May 27th 2010 ~ Time: 11:00-3:00
Muckleshoot Pentecostal Church


Craft Tables Available ~ please call to reserve

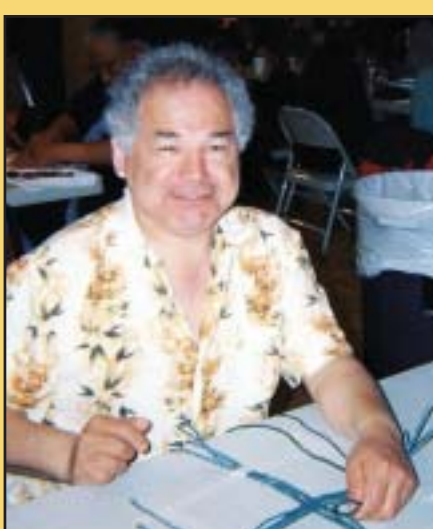
If you have any questions feel free to call Noreen Milne or Lydia Butler Smith at: 253-876-3023 or 253-876-3255


Senior Scenes


















MENS FISHING TRIP. Everyone caught fish this day!



YARD SALE!

June 2nd 3rd & 4th
Weather permitting
@ Neva Hamilton residence
Corner of 368th place
Auburn Enumclaw Highway



\$ 5.00 a bag!

ANNUAL HUNTERS MEETING



JULY 13, 2010

6PM @ PSB COUGAR ROOM

Snacks and Drink Provided

*GMU 485 & CEDAR RIVER WATERSHED DRAWING MUST BE PRESENT TO WIN

Tom Louie - Vicki Lane to Wed

Tom Louie and Vicki Lane are to be married on Wednesday, July 24, 2010 at the Pentecostal Church.

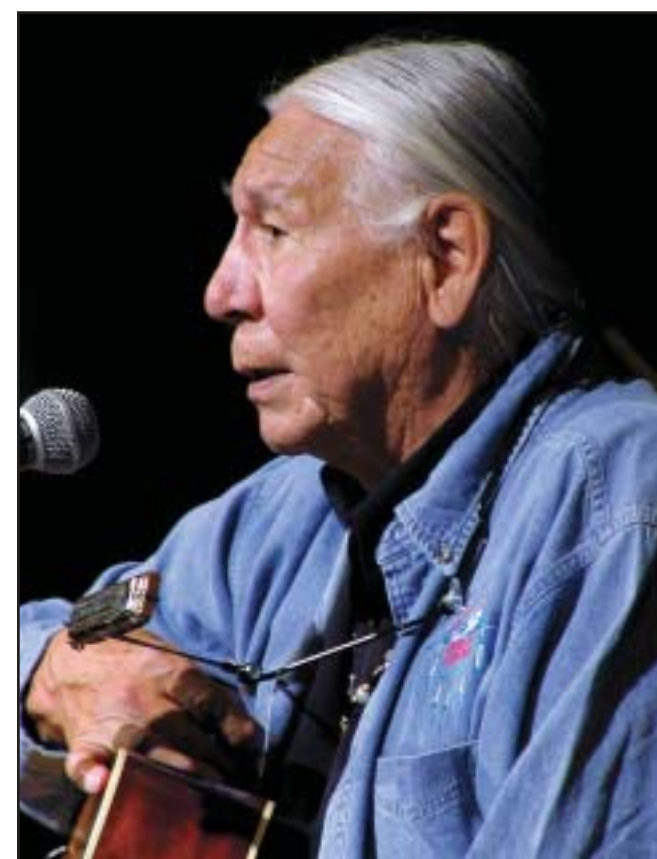
They are going on five years together. Tom and Vicki have nine Children between the two of them. They are very active in the community and love to do everything together, including fishing, shrimping, berry picking, patching nets, and having picnics, going to the fishing derbies with their children and attending tribal functions. They even cook and bring food for their fishermen before they hit the water to fish.

We are very blessed to have them two join as a family. We love you both very much. And are very happy for you. Congradulations. This has been a long time coming.

Love,

Sam & family, Kenny Darina, J-Dub,Victor, Irene, Billy, Deidre, Mom Irene.

We are very sorry but this is by invitation only due to space limited.



This photo of Floyd Red Crow Westerman was part of a story in the April newspaper. The last line of the caption was inadvertently left out. Here is the complete caption: "ONE OF HIS FINEST HOURS: The late Floyd Red Crow Westerman is seen here sharing words of comfort and wisdom with the stunned and saddened people that attended his intimate concert at Auburn Riverside High School on September 12, 2001 – the night after 9/11."



We need a few volunteers for upcoming concerts for elders fundraising!!



Please feel free to sign up at the senior center

WHITE RIVER AMPHITHEATRE
MUCKLESHOOT RESERVATION
www.whiteriverconcerts.com

Want to work with Music?

2010 JOB FAIR WHITE RIVER AMPHITHEATRE

Now accepting applications for part-time, seasonal job opportunities at the White River Amphitheatre.

- Jobs Include:
- Ushers**
- Ticket Takers**
- Guest Services**
- Cleaning**
- Maintenance**

Fill out an application for the job that you are interested in.
You may apply at the administration office 10am-4pm M-F

Location:
40601 Auburn Enumclaw Road
Auburn, WA 98092
(360) 825-6200

UPCOMING EVENTS



BUY TICKETS AT
LIVENATION.com
ARTIST POWERED | FAN DRIVEN

DAY OF 1000 DRUMS

May 30th Gathering in Tacoma to Restore Native American Name to Mt. Rainier

TACOMA – Drummers, musical performers and Native American activist speakers will share their talents in support of restoring Native American names to sacred sites. The *Day of 1000 Drums*, planned for Sunday May 30th 11am to 4pm at the Portland Avenue Park in Tacoma, is free and open to the public.

The day will be filled with keynote, celebrity, spiritual, and Elder speakers, accompanied by musical appearances of many award winning native recording artists. Scheduled so far are recording artists PureFe and Keith Secola, Annie Humphrey, and Derek Miller, Comedian Charlie Hill, activist and poet John Trudell, Native Elders Isadore Tom, and Billy Frank.

Organizing the event in an effort to restore hundreds of original American Indian names to their rightful and respected sacred places and sites is Robert Satiacum, Puyallup Tribe member and son of controversial Native American activist Chief Bob Satiacum.

The day will be filled with keynote, celebrity, spiritual, and Elder speakers, accompanied by musical appearances of many award winning native recording artists. The event will be formatted potlatch style, with special attention given to the Elders' and childrens' well being and care.

"It's important to show case our people's regard to our traditions and care for the land, as well as for one another, and keeping that promise to our Creator", Satiacum stated.

The Day of 1000 Drums event focus primarily on "Mt. Rainier" a name chosen by explorer Captain George Vancouver to honor a British Admiral. For thousands of years the mountain was known as Ti'Swaq', Tacobet and Takhoma by the various indigenous communities and language groups fed by the mountains many glaciers.

Satiacum has posted a web site: RestoreNativeNames.org and is enlisting groups and individuals to be part of the *Restore Native Names Alliance*.

"First seemed impossible as was landing on the moon, or the United States having a black president, but since its inception, the effort has gained momentum from a lot of unexpected support, as well as expected support." Commented Satiacum, adding: "Many efforts have been made in the past, then abandoned. But we are still here. Ti'Swaq' is a sacred place. We don't expect the powers that decide what names go on a map will come around to our way of thinking right away. But someone needs to get the word out there – to educate and challenge the way we view our Mother Earth. That is what



the Restore Native Names Alliance is about?"

Satiacum says the idea came on a day of reflection during a break of doing research when listening to the recordings of a local tribe trying to re-establish its identity.

"That afternoon I was looking over 'Chubalip' – Commencement Bay – staring at Ti'Swaq', and thought about singing a healing song to our ancestral spirits and the mountain, but thought I was only one pitiful voice. But then I thought about how it would be heartfelt to our Ancestors and the mountain if thousands of their grandchildren were to offer up a prayer song to let them know they are not forgotten and we are still here." He adds, "By that night it was apparent that this had to happen, it would be a song heard from Seattle to Yakama, but felt around the World."

There will be a portion of the event for other tribal and indigenous groups to show their support and come to the stage to present their support by tying an Eagle feather to the Eagle-headed staff, which will be taken to the summit the following weekend. On the 7th of June, Robert Satiacum is planned to summit the peak, guided by the International Mountaineers Group. Once there, the staff will be planted, only to be removed once the name is right-fully restored.

Other web sites by Robert Satiacum and Cedar Media: NativeElders.org, CanoeWay.org, PuyallupTribalNews.com, PuyallupNation.com and CedarMedia.org.

For more information or to support this effort, visit RestoreNativeNames.org or email robertindns@msn.com 253.224.4888.

MEMORIAL DAY DINNER 2010

Muckleshoot Pentecostal Church

May 31st from 5 to 7pm

In Honor Of...



VETERANS CORNER

By Sonny Bargala

The Memorial Day Dinner will be Monday, May 31, 2010 at the Pentecostal Church from 5 to 7 pm. Posters have been posted in most of the tribal facilities. The Veterans Committee decided to have a dinner menu similar to the Fish Dinner so there will be plenty of seafood.

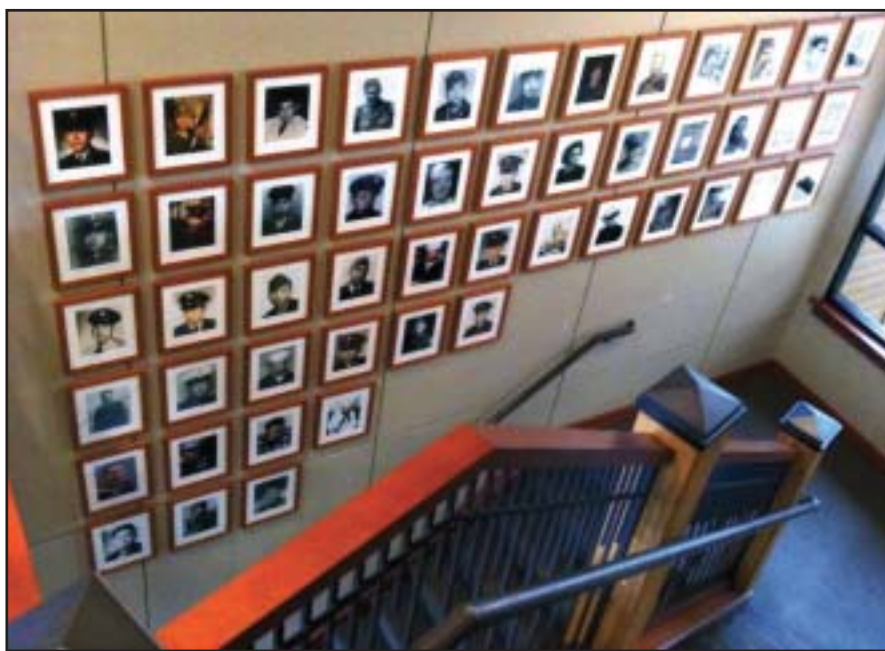
We have had the Memorial Day Dinner annually for many years now. We hold it as a community dinner to recognize the sacrifice of our modern day warriors that gave their lives in defense of our nation. During World War II, we lost Melvin Ross, Chet Courville and Turner Martin in that order. During the Korean War we lost Larry James.

Veterans, please mark your calendars for the third Saturday of each month. This is the day for our Veterans Brunch at the Muckleshoot Casino. Most brunches are held in the Chinook Room and the brunch starts at 9 am. All veteran activities are designed as family affairs. This past month (April) we had a really good turnout. We assisted the Auburn American Legion Post #78 do a Flag Retirement Ceremony.

If you are an employee of the Muckleshoot Indian Tribe who is a veteran, working for any of its many divisions, you are invited also to attend the brunches.

The Veterans Committee has its regular meeting on the 1st Wednesday of each month. If you would like to attend the meeting, you are invited to do so. The committee provides lunch as the meeting occurs at noon.

The best way to contact Sonny B is via email. His address is: sonny.bargala@muckleshoot.nsn.us



VETERANS WALL. The new Veterans Photo Wall has been installed at the Philip Starr Building. Stop by and take a look!

However, you can call his office at (253) 876-3295 also; and, if he is not there, leave a message. He has been known to sometimes return phone calls.

This past month we were busy doing Military Funeral Honors at Tahoma National Cemetery. We did not have any special requests this month.

The Veterans Committee is busy making arrangements for the Annual Memorial Day Dinner and the annual Veterans Powwow. It has been decided by the committee not to have a dinner in conjunction with the powwow.

The Veterans Committee wants to have a veteran featured in our Veterans Corner each month. John Loftus has informed me that he has a writer who worked for the Seattle PI who will conduct the interview and write the article on you. John has offered to do the pictures. Please contact me so that I can let John know to make arrangements with the writer. Thank you.

HOUSING

MUCKLESHOOT HOUSING AUTHORITY Employee of the Month Stanley James

Our March employee of the month is someone we all love and adore! This person has impressed Management at how he takes pride in the work he does and just how much he has improved. His attention to detail and the pride shown at the accomplishment each day just continues to amaze us.



Management is very happy with how this person has performed and improved, not only on the job, but in the office. We thank you for the work you do daily and the positive attitude you bring to this organization. Your attitude is contagious and we hope you continue to show us how much you love this place. From our little hearts to your big heart... Thank You!

Congratulations to Chip Pulling

Congratulations to Chip Pulling for 10 years of service to the Muckleshoot Housing Authority! Chip started work with the Housing Authority April 23, 2000 and is a familiar face to our tenants. Chip is a very likable guy and is always willing to help his peers.



MHA staff would like to thank Chip for his service to the community and wish him more years of enjoyment and hard work.



PHOTO BY JOHN LOFTUS

SUGAR AND DEWEY'S NEW HOUSE. Dewey and I talked with our kids and we made a family decision to build this new home. It was the best family decision that we have made. We are all very happy with the choice that we made. The kids love the new place. And the kids are okay with not doing all the extra things that we used to do all the time. We look back and wonder where did we have everything in our old house? The Miller-Harden family would like to **THANK the TRIBE** for giving us the loan to have a new home. ~ Lorena "Sugar" Harnden



A snowy day at the Housing Office

9TH ANNUAL MUCKLESHOOT VETERAN'S POWWOW

JUNE 25, 26, 27, 2010
WHITE RIVER AMPHITHEATRE
MUCKLESHOOT INDIAN RESERVATION, AUBURN, WA

DANCE CONTEST

GOLDEN AGE CATEGORIES (50+)
SR ADULT CATEGORIES (35-49)
JR ADULT CATEGORIES (18-34)
TEEN CATEGORIES (13-17)
JUNIOR CATEGORIES (7-12)

CHARLA WHITE EAGLE
WOMEN'S JINGLE SPECIAL
1ST \$400 W/JACKET
2ND \$300
3RD \$200
4TH \$100

OTHER SPECIALS & PRIZE MONEY TBA

DRUM CONTEST

5 Places
non-contest drums paid per session

MC: Ruben Little Head
Arena Director: Cetan Thunder Hawk
Head Man Dancer: Dave Browneagle
Head Woman Dancer: Willow Abrahamson-Jack

HOST DRUM:
Northern Cree - Saddle Lake, AB

Fri, June 25th - Grand Entry 7PM
Sat, June 26th - Grand Entry 1 & 7 PM
Sun, June 27th - Grand Entry 1 PM



Happy 8th Birthday Kalea Mae!
Love you Lots
Mom, Dad, Grandmas, Grandpas, and Sisters

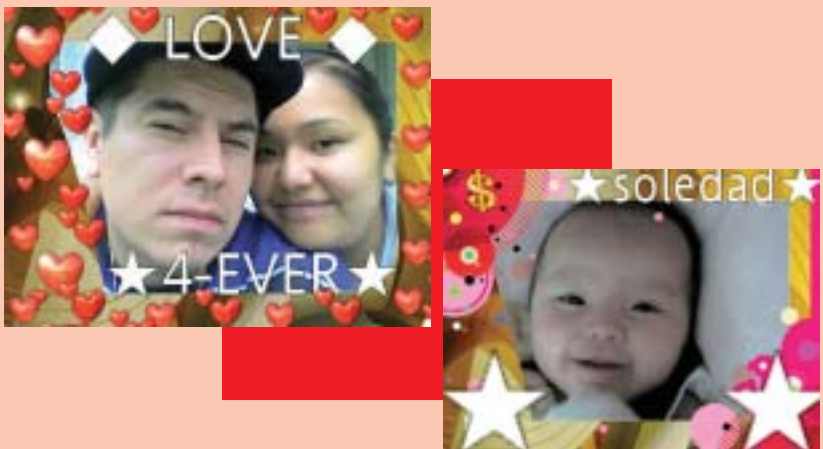


Happy 16th Birthday Kendra (Cross) Bean!



**Khloe I. Mirabella
Spencer Bargala**
Proud Parents, Betsy Bargala
and Virgil Spencer
Born April 30, 2010, 8.3 lbs;
21" long

**Cortez Benjamin
Elkins-Daniels**
Born May 5, 2010 at 6:43 pm
Weight 9 lbs 8.8 oz, length 20.5"
Proud Parents, Damien Elkins S. &
Coralie Daniels
Paternal Grandma, Christine Elkins
Maternal Grandma, Emiley Montes
Paternal Great-Drandma
Georgianna Starr



Jamie Starr and Jason Flores celebrate the birth of their first baby, Soledad Maylese Flores.
And also, Happy Birthday to Jason, May 17!!!



Angela Nelson, age 17, May 7, 2005

5/29/2010

TOGETHER WITH THEIR PARENTS
"Twiit Taas Twiit Timna"
William Frank Andy Jr.
and
"Dayhiab"
Rosette Lee Cross

REQUEST THE PLEASURE OF YOUR COMPANY
AT THE CELEBRATION OF THEIR UNION

Saturday, May 29, 2010
2:00 PM.
Muckleshoot Shaker Church
16407 SE 392ND STREET
Albany, WA
98002

RECEPTION TO FOLLOW

A DAY AT THE BEACH

Submitted by Marena Cross

Here's Rosa Lozier, about 2-1/2 years old. She played in the sand at the beach, threw rocks in the water, ate ice cream, did lots of walking, and got to pet lots of dogs that were out walking on Alki. It was a big day!



HAPPY 18TH BIRTHDAY CORT!

May 26, 2010 ~ We love you!
Auntie Janet, Uncle Jay and Jose!

Lucia Annalee Daniels-Maestas
Born March 31st at 8:16 pm and weighed 5 lbs 13 oz.
Proud Parents, John Daniels Jr. & Amalia Maestas



Happy "18th" Birthday to Sonya Mae- love Mom & Ed
Happy Birthday to Valerie- love Kim & Ed
Happy Birthday to Ed, love always KIM...
Happy Birthday to Ritchie "Duckie" love Auntie Kim & Uncle Ed
Happy Birthday Krys! Love Kim & Ed

*I would like to wish my Auntie Kerri Marquez a
"HAPPY BIRTHDAY AUNTIE KERRI!"
on May 3rd, 2010*

LOVE,
Lena, Lenora, Noel Baker



**HAPPY 3RD BIRTHDAY
JAIDEN LOU LEONARD!
LOVE: MOMMY & DADDY
& YOUR SISTER BROOKLYNNE
MAY 27TH**



Happy 11th Birthday to my Baby Girl
Macy Lynn James 5/10

We will have theeee best time in the Bahamas!

I love you!!! Xoxo Mom

Also Happy B-DAY SHOUTS TO

- FLOYDO 5/4
- RUFFIE 5/9
- FAWN 5/17
- MAGGIE 5/17
- YVONNA 5/28



AND TO THA BOOS CASSIDY AND RACH.....HOPE YOUR BDAYS ARE CRACKIN!!!





Muckleshoot Canoe Family

The Muckleshoot Canoe Family meets every Wednesday evening at the Canoe Clubhouse from 5:30 to 9 PM for a Business Meeting. After the business meeting we conduct a cultural activity, whether it be cedar weaving, wool weaving, regalia making or Whulshootseed language lessons. Dinner is included during the meeting. In 2010 we will be enforcing the Canoe Family Guidelines more strictly than in the past. Please make it to the meetings.

General Council Meeting Schedule for 2010

Quarterly & Monthly Meetings

Please add these dates to your calendar

– May 27th – June 24th – July 22nd

- **August 26th – Quarterly**
– September 23rd
– October 28th
- **November 18th – Quarterly**
(changed the date for this meeting due to Thanksgiving)
- **December – NO MEETING**

All of these dates and times are subject to change. The Tribal Council Department will do their best to keep you up to date and informed of any changes.

MUCKLESHOOT TRIBAL ENROLLMENT

Any interested/eligible Muckleshoot parties seeking tribal enrollment please be advised that the following documentation is always needed for Muckleshoot tribal enrollment:

1. Enrollment application, filled out completely, front & back.
2. Original certified birth certificate. (NO EXCEPTIONS.) (Signatures of both parents, if both are on certified birth certificate and under age 18.)
3. Original Social Security card.
4. Relinquishment must be completed, if enrolled in another tribe.
5. Name must match on all documents.

No copies are accepted. Until all documents are on file, no review process will begin.




PHOTO BY BILL FLEET

Come work for **Your** Tribe and make a difference!!!

The Muckleshoot Tribal Administration is looking to hire Tribal members to fill its new openings. Please visit us in the Tribal Administration Human Resources Department to see if we have any openings that you might be interested in.

Also see our opening on-line at www.muckleshoot.nsn.us



Visit the Muckleshoot Tribe's **NEW WEBSITE!**



www.muckleshoot.nsn.us

Have you ever considered a career in

gaming regulation?

THE MUCKLESHOOT GAMING COMMISSION regularly posts openings at the Casino, Tribal Headquarters, and the Commission office. Because resumes and/or applications are accepted for open positions only, check often or call 253.735.2050 for current openings.




2010 Per Capita Deadlines and Schedule

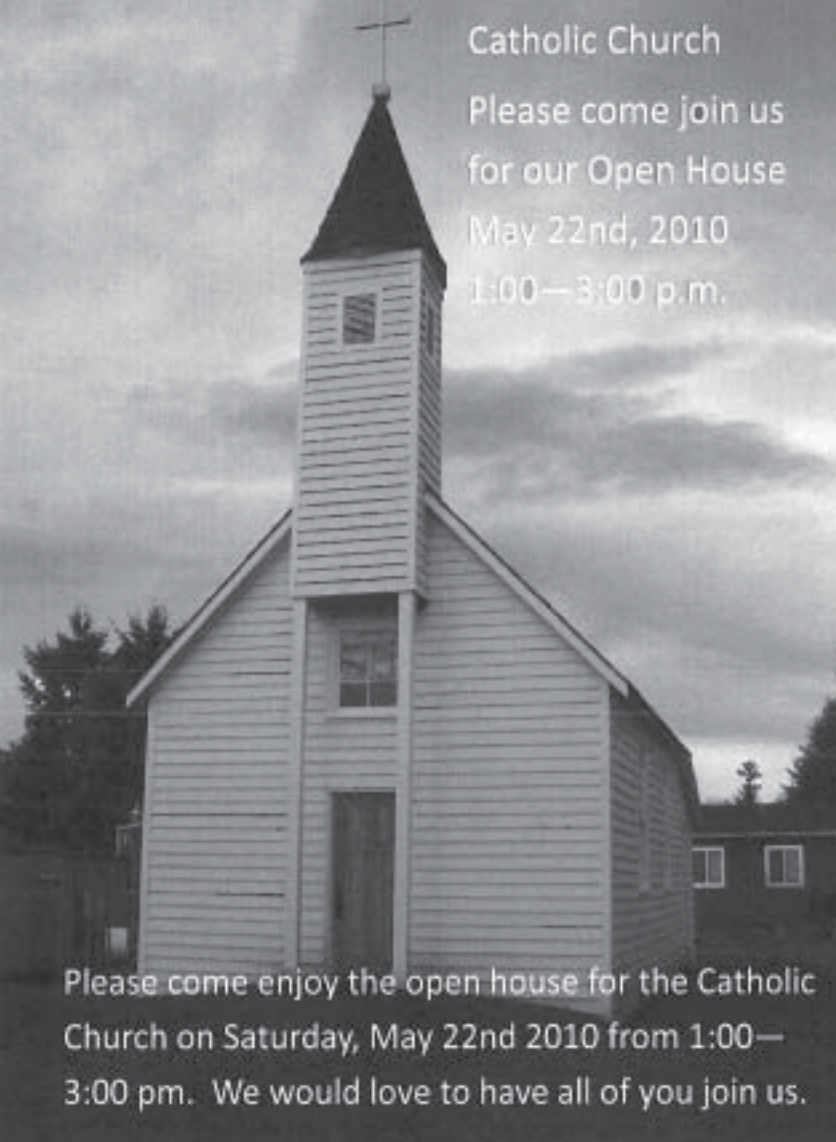
May 28, 2010	- Enrollment Cut Off Date for September 2010 Per Capita
June 1, 2010	- Per Capita Distribution
June 2, 2010	- Per Capita Distribution
June 3, 2010	- Per Capita Distribution
June 30, 2010	- Deadline for <u>New</u> Direct Deposits to be turned in to Tax Fund
July 9, 2010	- Deadline for Information to be turned in to Tax Fund from Tribal Programs
August 13, 2010	- Deadline to stop taking Direct Deposit Changes/Cancellations
August 31, 2010	- Enrollment Cut Off Date for Dec 2010 Per Capita
September 7, 2010	- Per Capita Distribution
September 8, 2010	- Per Capita Distribution
September 9, 2010	- Per Capita Distribution
September 30, 2010	- Deadline for <u>New</u> Direct Deposits to be turned in to Tax Fund
October 8, 2010	- Deadline for Information to be turned in to Tax Fund from Tribal Programs
November 12, 2010	- Deadline to stop taking Direct Deposit Changes/Cancellations
November 30, 2010	- Enrollment Cut Off Date for March 2011 Per Capita
December 7, 2010	- Per Capita Distribution
December 8, 2010	- Per Capita Distribution
December 9, 2010	- Per Capita Distribution
December 31, 2010	- Deadline for <u>New</u> Direct Deposits to be turned in to Tax Fund

Please contact Heather Evans at 253-876-3189 if you have any questions regarding Per Capitas.

Native American Catholic Mass



All are welcome to celebrate Mass with Father Pat Twohy on May 14th and 30th at St. Leo Church in Tacoma. We celebrate the Mass at 1:30pm. May 23rd there will be a Kateri meeting at 12:45, with Mass at 1:30pm and a potluck and raffle to follow. St. Leo Church /A Jesuit Parish is located at 710 South 13th Street in Tacoma.



Catholic Church
Please come join us for our Open House
May 22nd, 2010
1:00— 3:00 p.m.

Please come enjoy the open house for the Catholic Church on Saturday, May 22nd 2010 from 1:00— 3:00 pm. We would love to have all of you join us.

MUCKLESHOOT INDIAN CASINO

You can now apply for jobs ON-LINE

Visit www.muckleshootcasino.com and click on "Career Opportunities" to view current job openings then complete your employment application. This on-line application can be completed 24 hours a day from the convenience of your home computer and/or at the Muckleshoot Indian Casino's Human Resources Office.

All you need is an e-mail address to set up your on-line application. If you do not have an e-mail address call

Human Resources Hours:
Monday – Wednesday 9am to 6pm
Thursday 9am to 9pm
Friday 9am to 5pm
HR Phone Number 253-929-5128



EVENTS CALENDAR



May 15 & 16	Muckleshoot Recreation Youth Basketball Tournament - For more info call Mike Starr at 253-261-1764
May 22	Anderson Family Reunion , Sla-Hal Shed and Ball fields
May 29	Rosette Cross - William Andy Jr. Wedding , 2 PM, Muckleshoot Shaker Church
June 2-4	Yard Sale , Neva Hamilton residence - corner of 368th PL, Enumclaw Hwy
June 12	Virginia Cross Birthday Celebration and Family Reunion , 4 PM to dusk, Game Farm Park; pot luck, all welcome!
June 17	MIT Higher Grad Dinner , 6:00 pm at MIT Casino 2nd floor banquet room.
June 19	Kids Fishing Derby - 8:30 - 2pm. Kids 12 and under
June 25 - 27	Muckleshoot Veterans Pow Wow - White River Amphitheatre
June 25	First Salmon Dinner & Ceremony - 3pm at Pentecostal Church
July 13	Annual Hunters Meeting - 6:00 PSB Cougar Room.
July 16-18	Bill Anderson Sr. Memorial Softball Tournament - Call Richard Penn Sr. at 253-709-9319 or Mike Starr Sr. at 253-261-1764 for more info.
July 23 - 25	2010 Sobriety Pow Wow - Muckleshoot Pow Wow Grounds
August 3	National Night Out Event , 4:30-8:00 PM, Cameron Park in Auburn.
August 14	Family Fishing Derby - 8:30 - 2pm. Kids
August 21 - 23	Skopabsh Celebration - Muckleshoot Pow Wow Grounds
September 25	Fall Classic - 8:30 - 2pm. All Ages

See Page 1 for information about graduation ceremonies

CULTURAL WELLNESS GATHERINGS

AA Meeting Time Muckleshoot Recovery House 39225 180 th Ave. SE, Auburn, WA 98092	Mondays 12:00 Noon
Feather Healing Circle 39015 172 nd Avenue SE Auburn, WA	Tuesdays 5:00 pm
Grief and Loss Grief and Loss Support Group Behavioral Health, Bear Lodge	Wednesday's 6:00pm -8:00pm.
Women's Group Muckleshoot Tribal College	Thursdays 5:00 pm
Boys Mentoring Group Muckleshoot Behavioral Health	Thursday's 4:30 pm to 9:00pm
Al-Anon Meetings Auburn First United Methodist Church E. Main & N St. S.E. Auburn, WA 98002	Monday 10:30 a.m.
Federal Way Sunrise United Methodist Church 150 S. 356th St. Federal Way, WA 98003	Monday 6:30 pm

A Stroll Down Memory Lane

Remembering the Good Times at the Old and New Muckleshoot Bingo Facilities



Lacey Omes and Carleen Moses having fun on the caller's station.



Mona Milan posing in the inventory room.



Aerial view of new bingo hall shortly before grand opening.



Big events like grand opening bring big crowds to MIB.



Having a few laughs at the 2008 Elders Day Dinner.



Dawn Thiessen posing in the old bingo facility.



Floor clerk Brian Foulkes posing with Michael Jackson impersonator.



John Barr preparing bingo papers in the old facility.



Employees showing their children where they work on MIB Kids Day.



Michelle Doake and Joyce Crawford-Phillips having fun at the bingo party.



Kai



Raelynn Jansen Kevin Johnson, John Tausaga, and Bill Custard push a pickup.



Candie Bargala working the crowd.



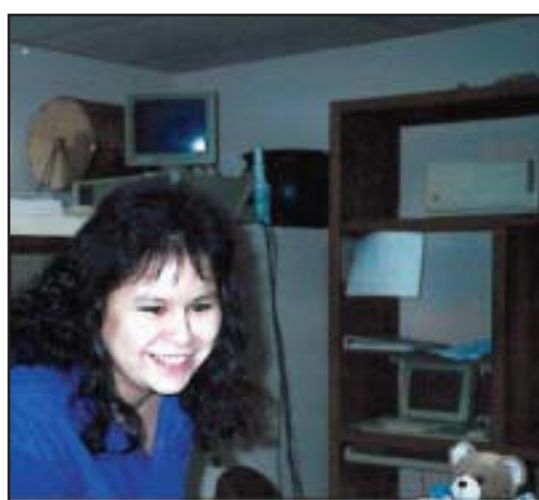
Mitchell Geyer, current bingo employee, with his Grandfather.



Bev Moses at her desk at the old bingo hall.



Aerial Shot of the old bingo hall shortly before it was demolished.



Nellie Brown having fun at work in the old facility.



Melvin Daniels



Over 1000 loyal customers rang in 2010 at Muckleshoot Bingo.



Christine Johnson started at the bingo hall during the first shift.



Sophie Courville-Spencer cuts the ribbon to the new bingo hall.



Dorothy Williams in the cage at the old hall.



Ursula Ramos serving in revenue management before moving to TGA



New beginnings - moving into the new facility means saying good-bye.